



Indian Association of Dermatologists, Venereologists & Leprologists West Bengal State Branch

SKINTELLECT

The Official Newsletter of the IADVL West Bengal State Branch

Issue Spotlight

- ✎ SIMANA CHARIYE - cultural event by dermatologist of IADVL WB
- ✎ CME by Burdwan district chapter



"Skintellect," is the online monthly newsletter of the IADVL WB, dedicated to the dynamic world of dermatology. This publication is a testament to the commitment of our members towards advancing the ever stretching horizon of the discipline, sharing knowledge, creating bonhomie and archiving our IADVL WB activities.

Volume 1, Issue 8, December 2023

Branch Executives 2023-2024

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Dr. Koushik Lahiri

President Elect



Dr. Sandipan Dhar

Vice President



Dr. Jayant Kumar Barua

Vice President



Dr. Kisalay Ghosh

Hony Secretary



Dr. Kingshuk Chatterjee

Hony Treasurer



Dr. Suchibrata Das

Editor, IJD



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Hony Joint Secretary



Dr. Surajit Gorai

Hony Joint Secretary



Dr. Sudip Kumar Ghosh

Ex Officio



Dr. Sudip Das

Ex Officio



Dr. Arun Achar

Executive Council Members 2023-2024

Dr. Abanti Saha

Dr. Abhishek De

Dr. Anupam Das

Dr. Arghyaprasun Ghosh

Dr. Chinmoy Kar

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Dr. Indrashis Podder

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Dr. Nilay Kanti Das

Dr. Olympia Rudra

Dr. Rajib Roy

Dr. Sanjay Ghosh

Dr. Saswati Halder

Dr. Saumya Panda

Dr. Saurabh Kumar Dhara

Dr. Somenath Sarkar

Permanent Invitees All Past Presidents

Precisely Presidential

Between the autumn festivities and annual academic festivities of December, the month sandwiched in between is November.

We utilised this period by channelising our energy in divergent activities.

The cultural committee under the inspired leadership of its nodal executive Dr. Nilendu Sarma mesmerised the members with a scintillating performance with song, dance, recitation and staging an iconic one act play. The hall was full in spite of the fact this happened on the same evening of Cricket world cup.

There was no lull in our scientific activity.

The Bardhaman-Birbhum chapter organised an academic evening at Durgapur first time under the banner of IADVLWB.

This was a historic occasion and I congratulate all the members associated for this.

Many of our members took part at the DERMAZONE East 2023 at Goa which was inaugurated by the senior past President of our state branch Prof S R Sengupta.

The preparation for our annual state conference CUTICON WB 2023 is going on under the leadership of the Organising Secretary Dr. Arun Achar and his team.

Dr. Sumit Sen as the Chairperson Scientific committee is leaving no stone unturned to make it an academically enriching experience.

Long live IADVLWB.

Happy reading.

Sincerely,



*Dr. Koushik Lahiri
President
IADVL WB*

Secretary's Scribes

Dear IADVL WB Members,
I extend heartfelt best wishes and success to all our esteemed members. A special note of gratitude to the editor Dr. Surajit Gorai for his dedicated efforts in curating another insightful edition of Skintellect, our official IADVL WB Newsletter. Let's continue to thrive together in the realm of dermatology.



Warm regards,

Happy Reading,

Dr. Kingshuk Chatterjee
Honorary Secretary (2022-24)



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Shreeji Chambers, B/1 Rajdhani Hotel, Brahmpuri, Dandia Bazar, Vadodara, Gujarat, INDIA.



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Details of one time Admission fees

The Admission Fees payable shall be based on age in years of the proposed member or their family member who likes to join the scheme, as follows :

No.	Age	Rate in Rs.
1	Up to the age of 10 Year	1,000
2	11 of 20 Years	1500
3	21 of 30 Years	2000
4	31 of 40 Years	3000
5	41 of 50 Years	4000
6	51 of 60 Years	5000
7	61 of 70 Years	7000
8	Above 70 Years	8000

Member's annual contribution

- Annual membership fee of Rs. 750/- (with increment every 5 years.)
- Fraternity contribution Rs. 500 x N, where N = No. of Death of members)

Plus, Optional professional indemnity annual legal fees, to be paid by those members who opt for professional indemnity.



Editors Desk

Dear Skintellect Readers,

As we step into another month of discovery and collaboration, we are thrilled to bring you the latest edition of our IADVL monthly newsletter. The heartbeat of our dermatology community, Skintellect, continues to archive our activities in IADVL WB with scientific articles, crosswords, expert opinions, and many more.

Our Monthly CMEs stand as pillars of insight, providing a platform for the exchange of cutting-edge research and perspectives. Across the districts, the dermatology community is making waves with a multitude of unit functions, showcasing the commitment and passion that drives our specialty. A highlight of this month is the spectacular cultural event, SIMANA Chariye, a celebration of talent and artistry within our very own dermatology family. Led by the accomplished Dr. Nilendu Sharma.

As we delve into the pages of this month's Skintellect, let's relish the knowledge shared and experience the cultural extravaganza. Together, we continue to shape the future of dermatology, of West Bengal.

Wishing you a month filled with dermatological brilliance and cultural splendor.

Warm regards,



*Dr Surajit Gorai
Editor, Skintellect,
The IADVL WB Monthly Newsletter
Joint Secretary, IADVL, WB*

Navigating complexities: Challenges in Pediatric dermatology

Dr Sandipan Dhar

Dr Safia Basir

Pediatric dermatology is a vital subspecialty in the ever evolving world of dermatology. The approach and expertise required to treat children is imaginably different from that in adults and this is applicable to pediatric dermatology as well. However trivial it may sound, it is important to recognize children as unique individuals rather than miniature adults. This certainly makes pediatric dermatology a complex and demanding field to practice. This article gives an insight into the complexities and difficulties of practicing paediatric dermatology.

1. **Variable clinical presentations** Pediatric dermatology encompasses a wide age range from newborns to adolescents. From the transient physiological cutaneous changes in neonates to the adolescent skin changes, the peculiarities of clinical presentation pose a significant diagnostic challenge. In many instances, the presentation of dermatologic conditions in pediatric age group tends to differ from that in adults. Hence the clinicians need to be well versed in recognizing these age related variations.
2. **Symptom overlap** Overlapping clinical features and phenotypic variations in the same disorder can be hurdles in diagnosis of pediatric skin diseases. Identifying the underlying etiology of a rash as allergy, infection or a systemic condition is often a complex task demanding astute clinical judgement and decision making.
3. **Immature immune system** The developing immune system in the first few years of life has important implications for childhood diseases. Hence, variations in presentation and treatment response are common. Differences in pharmacokinetics and safety concerns also pose a challenge while treating paediatric dermatoses.
4. **Communication challenges** Effective communication with the patients is the most prominent social challenge of being a paediatric dermatologist. Inability of younger children to express their discomfort and symptoms makes history taking a skill, demanding patience and expertise. Age appropriate communication tactics combined with one's own judgement and discernment is required on individual basis.
5. **Ethical issues** The fact that children are not autonomous individuals and are unable to make health care decisions for themselves raises a distinct set of ethical issues and challenges. Paediatric assent along with the difficulty in applying the 'best interest' standard is often a challenging task.
6. **Psychological aspects** Dermatologic diseases in children are inherently accompanied by psychiatric issues. The profound impact that skin conditions tend to have on a child's self esteem and quality of life cannot be overemphasized. More often than not the psychological impact of the diseases does not correlate with the objective disease severity. Interventions aimed at both physical and emotional needs of the children along with their families requires a multidisciplinary approach rather than simple alleviation of physical symptoms.
7. **Need for constant learning** Being an evolving field with new conditions being described and constantly emerging newer treatment modalities, pediatric dermatology practitioners should be dedicated to continuous learning to stay updated on the latest research and advancements.

Despite the unique intricacies, pediatric dermatology is an engaging and thoroughly rewarding subspecialty. Making a deep impactful difference in the life of children and improving the quality of their life can be a tremendously satisfying experience which underscores the assets of being the health care providers of the youngest members of our society.

Proceedings of the 6th meeting of the Executive Committee of IADVL W. B. State Branch held on 21st November 2023 at the Association office, for the year 2023-24

Volume 1 Number 8
December 2023

Members Present: Dr. Koushik Lahiri, Dr. Kingshuk Chatterjee, Dr. Suchibrata Das, Dr. Surajit Gorai, Dr. Satyendra Nath Chowdhury, Dr. Sumit Sen, Dr. Arun Achar, Dr. Manabbrata Majumder, Dr. Kisalay Ghosh, Dr. Shreya Podder, Dr. Sujata Sengupta, Dr. Rajib Roy, Dr. Olympia Rudra, Dr. Anupam Das, Dr. Saurabh Kumar Dhara, Dr. Subhamoy Neogi..

Dr. Koushik Lahiri, President took the chair and called the meeting to order.

Agenda-1: Confirmation of the proceedings of the last Executive Committee meeting held on 20/09/2023. The proceedings of the last Executive Committee meeting of IADVL WB State Branch on 20/09/2023 were read and confirmed unanimously.



Agenda-2: Report on –

- Outstanding Dues of Conferences/CMEs: Deferred till next meeting due to lack of time
- Statements of Nodal Executives of Various Presidential Initiatives: will be discussed in next meeting

Agenda-3: Discussion Regarding -

- CUTICON WB 2023:

Dr. Sumit Sen, Chairperson of the scientific committee, informed that preparation for the scientific sessions is going on full swing with few minor changes in the program.

Dr. Arun Achar, Org. Secretary, informed that many pharmaceutical companies are participating in this conference.

Hony Secretary informed that we have received a proposal from Dr. Abhishek De about his request to participate in the Free Paper Session. The proposal was discussed at length but finally it was decided to follow the rules where it was mentioned that the Free paper session is for the PGTs only.

Dr. Koushik Lahiri, President, proposed that instead of mementos/flower to faculties, a small plant may be gifted as memoir. He also requested all HODs to send a minimum of 2 PGTs as volunteers for this conference.

Hony Secretary also informed that some pharma companies want to know if their logo is being used in the registration stall/area. The members decided that they should not use their logo in the registration stall/area.

- IJD (Medknow MOU, New Subscription & Advertisement Tariff, New Editorial Board):

New Subscription Tariff decided by all members.

Advertisement Tariff: Same as per last year.

New Editorial Board for the next year:

Editor: Dr. (Brig.) Manas Chatterjee

Editors Emeritus: Dr. Koushik Lahiri, Dr. Dwijendra Nath Gangopadhyay

Managing Editor: Dr. Sudip Das

Ombudsman: Dr. Sandipan Dhar

Ex-Officio: Dr. Koushik Lahiri, President, IADVL, WB, Dr. Kingshuk Chatterjee, Hony. Secretary, IADVL, WB

Associate Editors: Dr. Nilay Kanti Das, Dr. Abhishek De, Anupam Das

Deputy Editors: Dr. Aarti Sarada, Dr. Aparajita Ghosh, Dr. Sayantany Chakraborty, Dr. Indrashis Poddar, Dr. Surajit Gorai, Dr. Amrita Sil

Editorial Intern: Dr. Komal Agarwal, Dr. Abheek Sil, Dr. Satarupa Mondal

Social Connect Team: Dr. Aseem Sharma, Dr. Bhushan Madke, Dr. Brijesh Nair, Dr. Dipayan Sengupta, Dr.

Karthik Raja, Dr. Rakesh Bharti

Editorial Members: Dr. Barnali Chowdhury, Dr. Deblina Bhunia, Dr. Joyeeta Chowdhury, Dr. Nilendu Sarma,



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Dr. Partha Mukherjee, Dr. Sanjay Rathi, Dr. Somenath Sarkar, Dr. Somodyuti Chandra, Dr. Suchibrata Das
Website: Deferred till next meeting

Agenda-4: To Select the Name for Lifetime Achievement Award 2023. - Dr. Koushik Lahiri, President, proposed the name of Dr. Nitin Mukherjee for the Lifetime Achievement Award for the year 2023, and it was unanimously accepted.

Agenda-5: Selection for S K Panja Award 2023, N B Das Memorial Award 2023, and CODFI IAISD Award 2022 - Hony Secretary informed the members that they have received one application for "Prof. S. K Panja Award" - 2023 from Dr. Abhijit Saha and also received one application for "N B Das 2022 from Dr. Anirban Mukherjee. Hony. Secretary informed that these proposals have already been sent to all Academic Committee members by email for their suggestion, The Academic Committee accepted both applications for the respective awards. The members accepted it.

Hony Secretary informed the members that we need to be selected for the CODFI IAISD Award for the year 2022. The members decided that this matter will be looked after by Dr. Sudip Das, Academic Chairperson.

Agenda-6: To consider any resolution to be forwarded to AGBM. Hony Secretary informed the members that this year we initiated some activities, all of which will be discussed at the AGB Meeting for resolution. The activities include: 1. Nodal Executive 2. State Council Meeting of Sub Branch 3. Complimentary Registration for Past Secretaries in MID- CUTICON and CUTICON WEST BENGAL

Agenda-7: To Fix the amount for 2023:- Membership Fees: Hony Secretary informed the members that as per last year, our membership fee was Rs 7080, so he proposed to increase the membership fee for new members. The members decided that the membership fee has been fixed at Rs. 7000/- plus 18% GST, in total of Rs. 8260/-
Remuneration & Appointment of Chartered Accountant: The President informed that last year, the GB already passed to change the Chartered Accountant. He proposed that we need to look for a new Chartered Accountant. The members accepted it.

Agenda-8: Discussion regarding Constitutional Amendment will be discussed in next meeting.

Agenda-9: To propose new Executive Committee members & Sub-committees.-

President: Sandipan Dhar- President Elect: Dinesh Kr. Hawelia- Vice President: Loknath Ghoshal, Nilendu Sarma- Hony. Secretary: Suchibrata Das- Hony. Joint Secretary: Anupam Das, Chinmoy Kar- Hony. Treasurer: Indrashis Podder- Editor, IJD: Manas Chatterjee- Ex Officio: Koushik Lahiri, Kingshuk Chatterjee- Co-opted MID CUTICON WB 2024 - Org. Secretary: Animesh Biswas - Sc. Chairperson: Kaushik Shome- CUTICON WB 2024 - Org. Secretary: Surajit Gorai - Sc. Chairperson: Koushik Lahiri- Executive Committee Members (18): - Abhijit Saha, Aniruddha Ghosh, Arghyaprasun Ghosh, Arindam Sett, Arun Achar, Dipayan Sengupta, Nilay Kanti Das, Partha Mukhopadhyay, Saikat Banerjee, Sanjay Ghosh, Saswati Halder, Saumya Panda, Saurabh Kumar Dhara, Shreya Poddar, Somenath Sarkar, Subhamoy Neogi, Sudip Kumar Ghosh, Sujata Sengupta- Election Officer: Sumit Sen- CENTRAL COUNCIL (8):- President- Secretary- Dinesh Kr Hawelia- Surajit Gorai- Pradip Laha, Satyendra Nath Chowdhury, Siddhartha Das, Kingshuk Chatterjee, Koushik Lahiri- Constitution Committee:- Pradip Laha (Chairperson)- Kingshuk Chatterjee (Convenor)- President, President Elect (Invitee), Hony. Secretary, Arijit Coondoo, Alok Kr. Roy, Satyendra Nath Chowdhury- Finance Committee:- Satyendra Nath Chowdhury (Chairperson)- Hony. Treasurer (Convenor)- President, President Elect (Invitee), Hony. Secretary, Editor, IJD, Gautam Banerjee, Manabratra Majumdar, Nitin Mukherjee, Somenath Sarkar, Sudip Das- Academic Committee:- Sudip Das (Chairperson)- Abhishek De (Convenor)- President- President Elect (Invitee)- Hony. Secretary- Hony. Treasurer- Editor, IJD- Arun Achar- Arghyaprasun Ghosh- Pijush Kanti Datta- Sanjay Ghosh- Sudip Kumar Ghosh- Sumit Sen- Editor Selection Committee:- President- Hony. Secretary- Editor, IJD- Pradip Laha- Alok Kr Roy- Gautam Banerjee- Pijush Kanti Datta- Sanjay Ghosh- Website Committee:- Kingshuk Chatterjee (Chairperson)- Dipayan Sengupta (Convenor)- President- Hony. Secretary- Hony. Treasurer- Shreya Podder- Surajit Gorai- SOP Committee:- Manabratra Majumdar (Chairperson)- Siddhartha Das (Convenor)- President- President Elect (Invitee)- Hony. Secretary- Asok Kr. Ghoshal- Somenath Sarkar- Travel & Cultural Committee:- Nilendu Sarma (Chairperson)- Sujata Sengupta (Convenor)- President- Hony. Secretary- Hony. Treasurer- Partha Sarathi Sen- Siddhartha Das- Somenath Sarkar- Sumit Sen

Agenda-10: To select the name Org. Secretary & Sc. Chairperson of next year MID CUTICON WB & CUTICON WB

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Agenda-11: Miscellaneous.- State Council Meeting: After discussion, the members decided not to give any special mementos to state council members of sub-branches for attending the meeting.- **Valedictory Gift:** Hony Secretary informed the members about a proposal to donate some money to an NGO working for children's future instead of distributing valedictory gifts to all members present at this session. The members accepted and decided on an amount of Rs. 50,000/-, assigning responsibility to Hony Secretary for finding an NGO.

Dr. Satyendra Nath Chowdhury, Chairperson, Finance Committee, informed that we need to pay Rs. 42 lac (approx.) to builders next year for the new office premises, but currently, we don't have the amount. He proposed collecting a minimum of Rs. 2000/- as a donation from all members for the new office premises. The members accepted the proposal.

As there were no other agenda items, the meeting concluded with a vote of thanks to the chair.

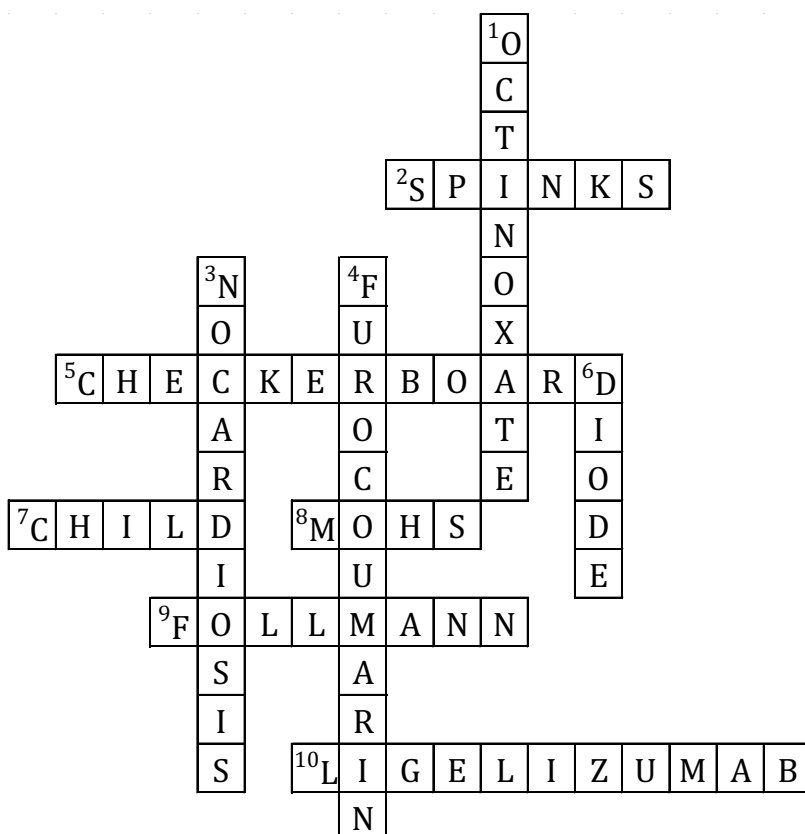


Issue 7
Answer 

This Crossword Answered by
Dr. Rituparna Sarkar

Thank You for your answer and happy reading

Courtesy: Dr. Dyuti Das



Monthly Clinical Meeting of IADVL WB on 28/11/2023 at Ramkrishna Mission Seva Pratisthan , Kolkata

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It was an excellent clinical meeting attended by PGs of different medical colleges, Dr Raghubir Banerjee & Dr Siddhartha Das of RKM Seva Pratisthan.

Multiple interesting cases were presented

1. CTCL Cutaneous T Cell Lymphoma
2. Erythema Multiforme which had some semblance to LE group.
3. Benign Familial pemphigus (Hailey Hailey disease)
4. Dystrophic EB with Aplasia Cutis congenita
5. Maculo-papular mastocytosis in a child (urticaria pigmentosa)
6. Acral lentiginous Melanoma
7. Juvenile Xanthogranuloma in an infant
8. Dyschromatosis universalis hereditaria

There was good number of audience. It was interactive session with good discussion.

Contributed by Dr. Kisalay Ghosh



SIMANA CHARIYE : IADVL WB Cultural Extravaganza

In a delightful convergence of talent and creativity, we have witnessed a captivating cultural program on November 19th at Labanhrad Mancha, Saltlake. Led by the charismatic Dr. Nilendu Sharma and under the visionary leadership of President Dr. Koushik Lahiri, this evening of cultural immersion left an indelible mark.

The event featured a rich tapestry of artistic expressions, showcasing the multifaceted talents of dermatologists who, beyond their professional roles, proved to be exceptional artists.

The evening began with the rhythmic cadence of dance, poetry, songs as talented dermatologists shared verses that stirred emotions and ignited the imagination.

The stage then transformed into a realm of Gitinatya, where storytelling through song and dance unfolded. Each performance was a symphony of colors and emotions, captivating the audience with its vibrant narrative.

A Natok titled "Kabaya," (written by Banful) brilliantly crafted by Dr Ashok Ghosal, graced the stage. The theatrical prowess of the performers conveyed a compelling storyline, leaving the audience both moved and entertained.

The night was filled with surprises, from impromptu performances to collaborative acts that showcased the diverse talents within our dermatologist community. The event proved that passion for the arts knows no bounds.

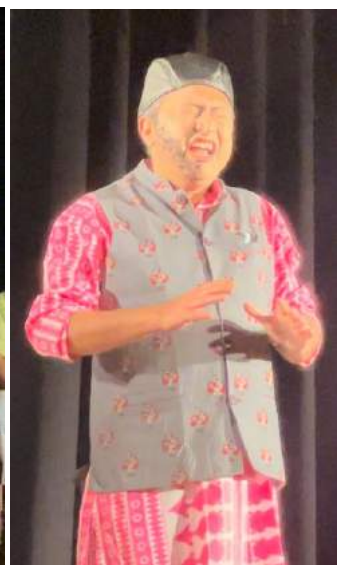
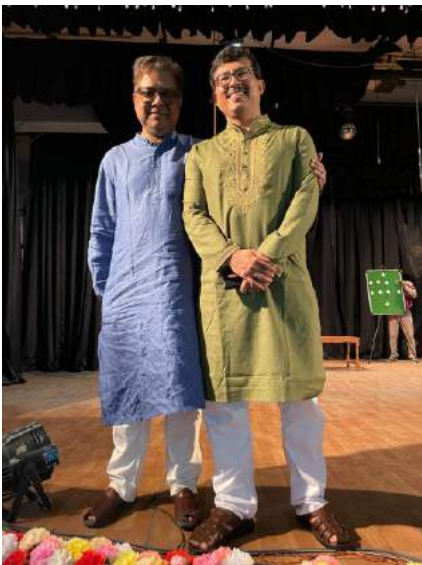
The entire cultural fiesta was expertly conducted by the maestro himself, Dr. Nilendu Sharma. His guidance ensured a seamless blend of art forms, creating an immersive experience for everyone present.

The evening not only celebrated the diversity of talents within our community but also fostered a sense of camaraderie and shared appreciation for the arts. We look forward to more such cultural celebrations that enrich both the soul and the intellect.





SIMANA CHARIYE : IADVL WB Cultural Extravaganza



District Chapter of IADVL WB

CMEs organised by Burdwan & Birbhum Chapter

Event-CME under IADVL banner, Burdwan Birbhum district chapter Place-Durgapur, Hotel Fortune Date-28.11.23 Topic-Biologics in Psoriasis Speaker-Dr Rohan Bhattacharyya This programme was attended by president Dr Koushik Shome and secretary Dr Animesh Biswas along with Dr A B Samanta from Burdwan and Dr Amiya Mukherjee, Dr BN Bannerjee from Asansol. The panel discussion was moderated by Dr Sudipta Roy. Chairpersons for the same were Dr Dharmendra, HOD IQ city hospital and Dr Hirak Chowdhury, HOD DSP hospital, Dr Koushik Shome, Dr Samanta and Dr Bannjee. The panelists were Dr Amiya Mukherjee, Dr Animesh Biswas, Dr Shibashish Chatterjee, Dr Arijit Roy, Dr Bidisha Guha Niyogi. Dr Sarmistha Das did a good job of introducing the program and Dr Bidisha ended the program with vote of thanks. The program was attended by pgts of iq city hospital and Dr Sanjoy Ghosh. Food and hospitality was very good thanks to Glenmark. The program was quite successful because of Dr Rohan's lucid presentation, moderated ably by Dr Sudipta and a very lively interactive session by the panelists. In all honesty we all tried to make the event successful.



Dr Animesh Biswas MD
28 November 2023 19:09



Dr Animesh Biswas MD
28 November 2023 19:32




Dr Animesh Biswas MD
28 November 2023 19:09



Dr Animesh Biswas MD
28 November 2023 21:16



Dr Animesh Biswas MD
28 November 2023 19:33

CUTICON WB 2023
Highlights



Cultural Program

5:00-5:45 pm
HALL A , 10TH DECEMBER
BISWA BANGLA CONVENTION CENTRE

Attractive Performances by

**Arijit Coondoo
Ashim Sarkar
S R Sengupta
Sumita Bhattacharya**

...
and
...
Koushik Lahiri







**Cultural Committee of
IADVLWB Presents**

কিছু কথায় কিছু গানে

Dec 10, 5 PM

Location :
Hall A
Biswa Bangla Convention
Centre
(CUTICON 23 Venue)


CUTICON WB 2023
26th Annual State Conference of IADVL, WB Branch

10th December 2023

VENUE :
BBCC, NEW TOWN

