



Indian Association of Dermatologists, Venereologists & Leprologists West Bengal State Branch

SKINTELLECT

The Official Newsletter of the IADVL West Bengal State Branch



Issue Spotlight

- ✍ Dermatologist Spotlight - Dr. Sudip Das
- ✍ DermBuzz - Space Dermatology: The new challenge
- ✍ Resident Corner - Biological therapeutics in Indian context



"Skintellect," is the online monthly newsletter of the IADVL WB, dedicated to the dynamic world of dermatology. This publication is a testament to the commitment of our members towards advancing the ever stretching horizon of the discipline, sharing knowledge, creating bonhomie and archiving our IADVL WB activities.

Volume 2, Issue 8, December 2024



SKINTELLECT

The Official Newsletter of the IADVL West Bengal State Branch

Volume 2 Number 8
December 2024

COMMITTEE

Working President



Dr. Nilendu Sarma

President Elect



Dr. Dinesh Kumar Hawelia

Vice President



Dr. Loknath Ghoshal

Hony Secretary



Dr. Suchibrata Das

Hony Treasurer



Dr. Indrashis Podder

Hony Joint Secretary



Dr. Chinmoy Kar

Hony Joint Secretary



Dr. Shreya Poddar

Editor, IJD



Dr. (Brig) Manas Chatterjee

Ex Officio



Dr. Koushik Lahiri

Ex Officio



Dr. Kingshuk Chatterjee

Executive Council Members 2024-2025

Dr. Abhijit Saha

Dr. Anupam Das

Dr. Aniruddha Ghosh

Dr. Arghyaprasun Ghosh

Dr. Arindam Sett

Dr. Arun Achar

Dr. Dipayan Sengupta

Dr. Nilay Kanti Das

Dr. Partha Mukhopadhyay

Dr. Saikat Banerjee

Dr. Sanjay Ghosh

Dr. Saswati Halder

Dr. Saumya Panda

Dr. Saurabh Kumar Dhara

Dr. Somenath Sarkar

Dr. Subhamoy Neogi

Dr. Sudip Kumar Ghosh

Dr. Sujata Sengupta

Permanent Invitees All Past Presidents



President Writes

Dear Members,

It gives me immense pleasure to present another issue of Skintellect—the first since I assumed the role of Working President of the IADVL WB State Branch. Skintellect continues to be a shining example of the many signature activities of our branch. True to its legacy, this issue stands out as another exceptional publication.

In recent times, we have faced several challenges and adversities. However, our resilience, dedication, and collective determination have helped us rise above them, emerging stronger and more united.

Preparations for our upcoming state conference are in full swing. Our vibrant and energetic young brigade is working relentlessly, bringing innovative ideas to ensure the event becomes a truly memorable experience.

This year, we are delighted to merge another hallmark activity of our association—the Cultural Program performed by our members—with CUTICON. We believe this integration will add a unique and enjoyable dimension to the conference.

I hope you find this issue of Skintellect engaging and insightful.

Warm regards,



*Dr. Nilendu Sarma
Working President
IADVL WB*



Secretary's Scribes

Dear Esteemed IADVLites and Respected Colleagues,

On behalf of IADVL West Bengal, I extend my warm greetings to all of you. It is with great pride that I share the recent successes of two IADVL Central programs held in Kolkata. Both events were a resounding success, contributing significantly to our shared mission.

A Continuing Medical Education (CME) program on Female Genital Dermatoses was organized on Sunday, 24th November 2024, in Kolkata. The CME was conducted by the Indian Association of Dermatologists, Venereologists, and Leprologists (IADVL) Executive Committee and SIG Female Genital Dermatoses (IADVL Academy), in association with IADVL West Bengal. The theme of the event was "Practice Pearls in Female Genital Dermatoses." The program was awarded 2.5 credit points by the West Bengal Medical Council (WBMC) and was a multidisciplinary affair, bringing together eminent gynecologists alongside distinguished dermatology faculties. We were honored by the presence of Dr. Dhanashree Bhide, Coordinator of the Special Interest Group (SIG) on Female Genital Dermatoses, Dr. Sudip Das, Chairperson of the IADVL Academy (West Bengal) and Dr. Sujata Sengupta, State SIG FGD Coordinator. We are thankful to Dr. Sujata Sengupta for her tireless effort to make the program successful.

In collaboration with IADVL WB, Jagannath Gupta Institute of Medical Sciences & Hospital, IADVL EC and SIG Dermatologic Surgery (IADVL Academy) also organized the East Workshop of the Postgraduate Procedural Dermatology Training Workshop. The workshop was led by an exceptional team of national faculty, including Dr. Yogesh Bhingradia, Dr. Nitin Jain, Dr. Manas Ranjan Puhan, Dr. Nandita Patel, Dr. Tejaswini Salunke, and Dr. Gaurav Dash. The program was awarded 4 hours credit points by the West Bengal Medical Council (WBMC). The workshop witnessed full participation from postgraduate students and young residents eager to enhance their procedural skills. We extend our heartfelt gratitude to the local organizing team, led by Dr. Soumya Panda (HOD) and Dr. Aniruddha Ghosh, whose tireless efforts, boundless enthusiasm, and dedication were instrumental in making the event a grand success. Their commitment deserves our deepest appreciation.

We are happy to announce that IADVL EAST Zone Council has selected Kolkata as venue of Dermazone East for thryear 2026.

We are moving forward with our Community Dermatology Project, MISSION PRISON, which is set to launch shortly.

CUTICON 2024, our much-anticipated annual academic extravaganza, is just around the corner. Our dedicated organizing and scientific teams, in close collaboration with IADVL West Bengal, are working tirelessly to ensure this event is nothing short of a grand success. We invite you to join us at CUTICON 2024 to experience the essence of this vibrant gathering.



*Dr. Suchibrata Das
Honorary Secretary
IADVL WB*



SKINTELLECT

The Official Newsletter of the IADVL West Bengal State Branch

Volume 2 Number 8
December 2024

Editors Desk

Dear Readers,

As we transition into the final month of the year, we're excited to bring you the November edition of Skintellect, packed with valuable insights and updates that are sure to inspire and inform.

This month, we shine a well-deserved spotlight on Dr. Sudip Das, a visionary in our field whose contributions continue to shape the future of dermatology. His dedication to clinical excellence and his passion for advancing the specialty make him a true leader, and we are honored to feature his story in our Dermatologist Spotlight.



We also delve into an emerging and fascinating topic in dermatology: Space Dermatology. As new challenges emerge in the realm of space exploration, understanding how space travel affects the skin is becoming increasingly important. Our DermBuzz feature covers the latest developments and the role of dermatology in this exciting frontier.

In this issue, we explore the use of Biological Therapeutics in the Indian Context in Resident Corner. As the landscape of dermatology continues to evolve, this segment offers crucial insights into the challenges and opportunities of incorporating biologics into our practice.

We also present a stimulating Quiz to test your knowledge and keep you engaged. Plus, we highlight the two successful programs - CME on SIG Female Genital Dermatoses and PGPDT workshop in SIG Dermatosurgery, an essential learning opportunity for all dermatologists looking to expand their expertise in these specialized areas.

We hope this month's edition enriches your practice and fosters a sense of community as we continue to learn and grow together. Thank you for your ongoing support of Skintellect. We look forward to bringing you more informative and thought-provoking content in the months to come.

Warm regards,

Dr. Shreya Poddar

Editor, Skintellect,

The IADVL WB Monthly Newsletter

Hony. Joint Secretary, IADVL WB

Editorial Board

Advisory Chair



Dr. Koushik Lahiri

Advisory Chair



Dr. Surajit Gorai

Editor, Skintellect



Dr. Shreya Poddar

Team Member



Dr. Bartika Sikdar



Dr. Shayeri Banerjee



Dr. Pratik Dey



Dr. Pranjal Praveen

DERMATOLOGIST SPOTLIGHT: DR. SUDIP DAS

Q.1. *It is an honour to interview an academic stalwart and dynamic personality like you Sir. You have been associated with multiple esteemed journals as editor. What motivates you to pursue academics and research work alongside clinical practice?*

A.1. *In true sense I have not been an editor but managing editor of IJD and also past assistant editor of Nepalese journal of Dermatology.*

But I have been a reviewer in almost 10 journals of which 3-4 like BJD, AAD, JOURNAL OF DERMATOLOGY are world renowned. In my pursuit to become a professor, publications are must and I realised that although late, unless you publish experience does not matter. Evidence matters ahead of experience. So to gather evidence, you need publications. Clinical practice can actually increase your publication if you are methodical, as more the practice more the diversity.



Q.2. *Sir, you have innumerable awards and accolades under your belt through your career. Which accomplishment are you particularly proud of and why?*

A.2. *Awards and accolades will come your way. Continue with your goodwork for your association, they will follow. I never hanker for them, satisfied with whatever God has put in my plate, and there is always a next time. I am particularly proud of 3 new publications - we first reported association of scleredema and gall bladder cancer, FOLLICULAR BECKER NEVUS and reticulate variant of Darriers. Also i was happy to receive the 4 oration awards in my life till date.*

Q.3. *Sir, you have held various administrative posts in different associations of the dermatology world. As the head, what changes do you feel you have brought about in them during your tenure?*

A.3. *Yes, IADVL WB has given me all from President, secretary, treasurer to three time scientific chair. I am thankful to my mother state, had been academy head for 2 years starting DERMADHYAN, few CMEs. I had also been national Psoriasis coordinator, PG TASK FORCE CONVENOR and member of few SIGs. I had also been nodal officer on anti quackery cell. I am also proud to have served as subject Expert- Dermatology for 4 years of CDSCO till I resigned last March. Happy to see IADVL WB grow from strength to strength and my time to step into national arena.*

Q.4. *Sir, please share your thoughts about the paradigm shift the field of dermatology has seen over the years. Where do you see dermatology as a branch heading towards in the next 10 years?*

A.4. *The new drugs, biologics, advent of high quality energy devices will drive Dermatology in next generation. The urge to look good is there. But one advise is- do not neglect clinical dermatology as if aesthetics is butter, clinical dermatology is bread. And you must publish to survive in future world and take it ahead.*

Q.5. *You have been the mentor of so many dermatologists throughout your career as teacher. What advice would you give our young dermatologists of tomorrow about imbibing in them from the very onset of their careers?*

A.5. *Yes, almost 25 new dermatologists have blossomed with my stewardship and all of them are doing reasonably good. End result depends on the perseverance in OPD, IPD during PG days. So never miss your PG days and try to have a 3 year SR ship to strengthen your career.*

Long live IADVL

DERMBUZZ : SPACE DERMATOLOGY: THE NEW CHALLENGE

Dr Gourab Roy

Assistant professor of dermatology
School of Tropical Medicine, Kolkata

Humans have long considered space to be "The final frontier", but in this era of frequent space travel for scientific missions or leisure it has become the exciting frontier. Space travels test the extreme stamina of the human body. Skin being the largest organ of the human body is too subjected to challenges in space. The role of dermatologists hence is not restricted only on earth. As NASA, ESA, ISRO or Space X and Blue origin gear up for more frequent space travel, space dermatology is an important aspect that cannot be neglected. This specialized branch of dermatology is dedicated to understanding and catering to the needs of skin health in Astronauts/space travelers.



➤ **Challenges in space travel:**

- I. **Microgravity:** It alters the fluid distribution of the body resulting in xerosis and flare up of atopic dermatitis
- II. **Radiation:** Causes premature skin ageing and increases chances of skin cancers
- III. **Altered circadian rhythm:** disturbed sleep patterns affect skin regeneration and repair.
- IV. **Weakened immune system** due to elevated cortisol / catecholamines promotes more chances of skin infections

➤ **Dermatological manifestations in astronauts:**

- **Space related skin rash:** it's a mysterious rash of unknown etiology which occurs in astronauts during long duration space missions. Study shows skin rash is 25 times more common in astronauts than in people on earth. It is hypothesized that the cold-dry environment of space (or precisely space craft) is responsible for this.
- **Irritant contact dermatitis-** most commonly due to biosensor electrolyte paste used in space stations or space crafts.
- **Recurrent herpes zoster:** reactivation of Herpes zoster due to immune dysregulation.
- **Folliculitis-** due to in adequate hygiene maintenance or lack of regular washing of body in space, changes in skin microbiome also contributes to fungal or bacterial folliculitis.
- **Early ageing:** long term exposure to ionizing radiation, elevated oxidative stress, DNA damage, telomere damage etc promotes early skin ageing.

➤ **Advances in Space dermatology:**

- Identifying genetic markers in astronauts to predict skin susceptibility.
- Classification of skin types for tailored treatments
- Formulating products for microgravity, high ionizing environment in space.
- Designing wearable sensors to track skin hydration, temperature, radiation exposure
- Catering Tele-dermatology services to astronauts
- Usage of moisturizers to maintain skin hydration in space, sunscreens to protect from ionizing space radiation, antimicrobial preparations.



SKINTELLECT

The Official Newsletter of the IADVL West Bengal State Branch

Volume 2 Number 8
December 2024

- Usage of AI to diagnose and treat astronauts in space.
- Usage of inflatable skin patches to treat skin conditions in microgravity
- Using 3D printing and bio-printers to cater to skin wound healing in space.
- Nanotechnology for delivering targeted, efficient skin care drugs.

➤ **Conclusion:**

Ahoy there! Don't let these health concerns scare you from a trip to outer space. Rejuvenate your senses by observing the beauty of our planet from space or listen to the eerie silence up in there. Leave all the worries for your dermatologist. Bon voyage!





Scan QR Code to join
DVL WELFARE TRUST

Be a member of your own
DVL WELFARE TRUST

By
IADVL

Of
IADVL

For
IADVL

FEATURES

- Affordable & Accountable
- For LMs & Their family members.
- Dependable companion in crisis.
- Life time Benefits to the member who contributed for 30/40 years.
- Amount of help will increase as number of members increases.
- Profit remains with DVLWT.
- The profit redistributed among members in terms of benefits.

BENEFITS

FOR SOCIAL SECURITY

- Benefits start after ONE year of joining as a member.
- Nominee of the member will get help in terms of money Rs. 450/- X N* (* Number of members)

FOR PROFESSIONAL PROTECTION

- Covers individual.
- Educative seminars for members to prevent litigation.
- Help is extended in all types of cases like civil, criminal, labour & consumer redressal fora & dispute arising out of clinical establishment act.

CONTACT FOR MORE DETAILS
+9179844 98361

DVL WELFARE TRUST

Shreeji Chambers, B/h Rajdhani Hotel, Brahmपुरi,
Dandia Bazar, Vadodara, Gujarat, INDIA.

dvlwelfaretrust@gmail.com | www.dvlwelfaretrust.org



DVL WELFARE TRUST

Shreeji Chambers, B/h Rajdhani Hotel, Brahmपुरi, Dandia Bazar, Vadodara, Gujarat, INDIA.



SCAN QR CODE TO JOIN DVL WELFARE TRUST



SCAN QR CODE WITH UPI/GPAY FOR CONTRIBUTIONS TO DVL WELFARE TRUST



Details of one time Admission fees

The Admission Fees payable shall be based on age in years of the proposed member or their family member who likes to join the scheme, as follows :

No.	Age	Rate in Rs.
1	Up to the age of 10 Year	1,000
2	11 of 20 Years	1500
3	21 of 30 Years	2000
4	31 of 40 Years	3000
5	41 of 50 Years	4000
6	51 of 60 Years	5000
7	61 of 70 Years	7000
8	Above 70 Years	8000

Member's annual contribution

- Annual membership fee of Rs. 750/- (with increment every 5 years.)
- Fraternity contribution Rs. 500 x N, where N = No. of Death of members)

Plus, Optional professional indemnity annual legal fees, to be paid by those members who opt for professional indemnity.

RESIDENT'S CORNER: BIOLOGICAL THERAPEUTICS IN DERMATOLOGY: CHALLENGES AND OPPORTUNITIES IN THE INDIAN CONTEXT.

Dr. Debargha Mukherjee

1st Year PGT, SSKM

Eli Lilly's commercial process of manufacturing human insulin and the FDA's approval of Muromonab-CD3 as a monoclonal antibody ushered in a new genus of biologically manufactured therapeutics essentially bisecting the therapeutic arsenal into biologics and small molecules.

Owing to their specific effects on cytokines, their receptors or the signalling pathways triggered thereafter, biological therapeutics (fondly referred to as biologics) have been a game changer in treatment of inflammatory and neoplastic conditions especially more severe or recalcitrant disease.

In Dermatology, we are fortunate to have several biologics in our arsenal against inflammatory dermatoses like psoriasis and associated arthropathy, atopic dermatitis, hidradenitis suppurative and others, with many in the pipeline.

There are however several considerations that an Indian dermatologist must undertake before including a biologic in every prescription:

- 1) *The manufacturing process of biologics and need to maintaining strict asepsis in their storage incurs an economic burden on the production, not to mention the need to import almost all of them makes biologics an expensive buy. Couple with it the need for multiple dosages, prolonged treatment regimens and the shallow Indian pocket and you get the perfect recipe for patient refusals and drop outs.*
- 2) *Biologics owing to their targeted action on cytokines and their effects while ameliorating disease also reduces immune response against various microbes predisposing to infection or triggering flare ups of latent foci. Recurrent herpes simplex infection, herpes zoster, hepatitis B, flare ups of candidiasis, dermatophytosis and exacerbation of infections by salmonella and mycobacterium species have all been documented in association with various biologics. Risk of reactivation of latent foci of tuberculosis is often the reason why many Indians may be deprived of being treated with biologics.*
- 3) *Indians have a particular proclivity to abstain from medical tests in the absence of florid symptoms. The risk of malignancies developing in previously healthy individuals or flare up of existing malignancies, exacerbation of inflammatory bowel disease, worsening of heart diseases and demyelinating neuropathies are just a few of the more important side-effects which biologics pose. Unless the patient is conscious of his/her existing health condition, screening for every one of these implicated diseases is not practical especially in the Indian setting. So the risk of a sudden unanticipated acute illness getting precipitated always persists.*

We have on the flipside a lot to look forward to:

- 1) *Regardless of the disadvantages, it is unequivocal that these newer drugs are the most effective targeted therapies in the medical arsenal. The gradual increase in overall spending power of the average salaried Indian has increased the willingness of many patients to start biologics despite the odds, especially in debilitating disease.*
- 2) *The government is trying to do its bit by providing some of these drugs at a subsidised rate and in certain settings even free of cost making them more accessible to the population. Increase in foreign investments in the health sector will hopefully pave the path for home-grown biologics available at more reasonable rates.*
- 3) *The large population pool of India makes her a fertile field for conducting research on existing and newer biologics.*

In conclusion, despite the various challenges in prescribing biologics in the Indian setting, their effectiveness, increased awareness among patients and efforts from the government to make them available to the masses are all indicating that biologics are set to become a prime arrow in the quiver of Indian dermatologists in the near future.





Proceedings of the 6th meeting of the Executive Committee of IADVL W. B. State Branch held on 14th November 2024 at the Association office, for the year 2024-25

Members Present: Dr. Sudip Das, Dr. Suchibrata Das, Dr. Indrashis Podder, Dr. Surajit Gorai, Dr. Anupam Das, Dr. Manabbrata Majumder, Dr. Abhijit Saha, Dr. Sujata Sengupta, Dr. Subhamoy Neogi, Dr. Kingshuk Chatterjee, Dr. Saurabh Kumar Dhara, Dr. Nilendu Sarma, Dr. Pradip Laha.

Dr. Sudip Das, Past President took the chair and called the meeting to order.

Agenda-1: Confirmation of the proceedings of the last executive committee meeting held on 04/10/2024.

The proceedings of the last executive committee meeting held on 04/10/2024 were read and confirmed unanimously.

Agenda-2: Report on -

● **Outstanding Dues of conferences/CMEs**

Dr. Suchibrata Das, Hony. Secretary informed that till date the association owes some due amounts approx. Rs. 13 lacs from few pharmaceutical companies for conferences & CMEs. After discussion the members decided that we need to collect the dues from those companies at the earliest and send the due list to org. Secretaries of conferences to collect it as a serious matter.

● **Statements of Nodal Executives**

Nothing discussed.

● **Activities of Sub Branch/Combined District Chapter**

Nothing discussed.

● **To place statement of account for the month of September.**

The Accounts of IADVL WB Sate Branch for the month of September 2024 was inspected and unanimously accepted by the members.

● **Derma Adhyayan Webinar**

Dr. Suchibrata Das, Honorary Secretary, announced the success of IADVLWB's flagship monthly CME, Dermaadhyayan, held on 15th October 2024. He further informed that the date for the next program is yet to be confirmed and will be finalized at the upcoming Executive Committee Meeting.

Agenda-3: Discussion regarding

● **CUTICON WB 2024**

Dr. Surajit Gorai, the Organizing Secretary, informed the members that the brochure for CUTICON WB 2024 has been finalized and he shared the same during the meeting. He also conveyed that 62 pharmaceutical companies have confirmed their participation, with an expected income of Rs. 1.4 Crores. To secure vendor bookings, Dr. Gorai has planned to collect approximately Rs. 30 lakhs within the next two weeks.

He proposed to hire an event management company to organize the program. After long discussion, the members decided to obtain quotes from event management companies, ensuring the cost does not exceed Rs. 3 lakhs. It was also decided that a MoU with the selected company will be signed, specifying a payment term: the full amount would be paid to the company only after receiving a minimum of 75% of the total income.

Dr. Gorai further informed the members that the Delegate Kit on the way of finalized and a tentative program was ready.

Dr. Sudip Das, Chairperson of the IADVLWB Academy, announced that Dr. Rajeev Sarma has been selected as the orator for the Prof. B.N. Banerjee Memorial Oration, replacing Dr. Sibaprasad Ray Chowdhury. The members approved this decision.



The members also decided to send emails to PGTs inviting their participation in CUTICON WB 2024. The scientific committee presented a draft of the PGT participation letter, and the members agreed to retain the wording from previous years, as it was already aligned with the organization's constitution.

Finally, the members proposed inviting the Vice President of Ramkrishna Mission, Belur Math, as the Chief Guest for CUTICON WB 2024. This proposal was accepted.

● **Website and Digital Platform**

Nothing discussed.

● **Indian Journal of Dermatology**

Nothing discussed.

● **IJDPDD**

Nothing discussed.

● **PGPDT & SIGs of 2024**

Dr. Suchibrata Das, Honorary Secretary, informed that the PGPDT & SIG Female Genital Disease program is scheduled for 24th November 2024, and all necessary arrangements have been made. He urged all members to actively participate and contribute to the program's success.

● **New Auditor**

Dr. Suchibrata Das, Honorary Secretary, presented a quotation from a new auditor to the members. This quotation outlined the services to be provided for all financial and audit matters related to the association. After careful consideration, the members accepted the quotation.

● **DERMACON International 2027**

Dr. Suchibrata Das, Honorary Secretary, informed the members that while we had bid for DERMACON 2027, the bid was unsuccessful. However, we will continue to apply for future opportunities. Dr. Sudip Das also shared that we had secured a loan of Rs. 5 lakhs from IADVL WB for the bidding process. It was decided to clear all payments, refund the balance amount, and close the account. Additionally, Dr. Sudip Das announced that the East Zonal Meeting 2024 held in Manipur had awarded Kolkata to hosting DERMAZONE EAST 2026.

● **Selection of applicant for CODFI Award 2023, Salil K Panja Award 2024, Life Time Achievement Award 2024.**

The Honorary Secretary informed the members that Dr. Anupam Das was selected for the "Prof. S. K. Panja Award" - 2024, as Dr. Sk Shahriar Ahmed had withdrawn his application. The Academic Committee's decision was accepted by the members.

Regarding the CODFI IAISD Award for 2023, Dr. Didem Kazan was selected. Due to budgetary constraints, it was decided to send a soft copy of the certificate instead of a physical medal.

Dr. Koushik Lahiri, Past President, proposed that this year we honor two of our esteemed senior members, Dr. Gopal Behari Mukherjee and Brig. S.P. Chattopadhyay, with the Lifetime Achievement Award due to their advanced age of 92 years and their current health conditions. The members unanimously agreed to give both individuals this year and have decided not to confer the award for next year.



- **Election Procedure 2025-26.**

Dr. Suchibrata Das, Honorary Secretary, informed that nomination forms were received for all positions except one Vice President position. This vacant Vice President position will be decided by the Annual General Body Meeting.

Agenda-4: Miscellaneous.

- **Sandipan Dhar Resignation.**

Dr. Suchibrata Das, Honorary Secretary, informed the members about the resignation of Dr. Sandipan Dhar from the position of President, IADVL WB. The members accepted the resignation and resolved to appoint Dr. Nilendu Sharma as the Working President for the current year. The members agreed and advised to call an Emergency GB meeting to place the decision for final approval.

- **New proposal sent to Central:**

- 1. Clarification of sponsorship in SIG**

Dr. Suchibrata Das, Honorary Secretary, informed the members that the Central Office had fixed a pharmaceutical company for organizing a SIG. However, he clarified that additional expenses, such as accreditation fees and others expenses should be borne by the pharmaceutical company to the state direct.

- 2. Regarding PLM date validity**

Dr. Suchibrata Das, Honorary Secretary, informed the members that the Central Body had removed certain PLM members from their database due to the expiration of their 5-year membership and they do not apply for PLM-to-LM conversation. Dr. Sudip Das clarified that the Central Committee had approved an extension of this limit to 7 years for the West Bengal State Branch. To address this issue, the members agreed to send a reminder email to the Central Body.

- 3. Resignation of Office bearer for bidding**

Dr. Sudip Das proposed that a proposal be sent to the IADVL Central suggesting that a member should not resign their current holding positions before winning any Central election. The members approved this proposal.

- *Dr. Suchibrata Das, Honorary Secretary, informed the members about the plan to organize correctional home visits, similar to previous years. He mentioned that discussions with the Commissioner of Police had resulted in a request to extend these visits to all correctional homes. It was decided that the visits would take place on 1st December 2024, at four locations: Dum Dum, Baruipur, Central Jail, and Howrah. The members approved this plan.*

As there was no other agenda, meeting ended with vote of thanks to the chair.



Proceedings of the Special General Body meeting of IADVL W. B. State Branch held on 25th November 2024 at the Association office, for the year 2024-25

Members Present: Dr. Nitin Mukherjee, Dr. Asok Kumar Gangopadhyay, Dr. Sudip Das, Dr. Abhishek De, Dr. Sujata Sengupta, Dr. Indrashis Podder, Dr. Surajit Gorai, Dr. Aniruddha Ghosh, Dr. Saurabh Kumar Dhara, Dr. Alok Kumar Roy, Dr. Nilendu Sarma, Dr. Suchibrata Das, Dr. Kingshuk Chatterjee.

Dr. Alok Kumar Roy, Ex President took the chair and called the meeting to order.

Agenda -1: Resignation of the President.

Dr. Suchibrata Das, Honorary Secretary, informed the Governing Body (GB) about the resignation of Dr. Sandipan Dhar as President of IADVL West Bengal branch, effective June 15, 2024. The GB unanimously accepted Dr. Dhar's resignation and appointed Dr. Nilendu Sarma, the most senior Vice President, as Working President, effective from the above mentioned date.

Meeting ended with a vote of thanks by the secretary Dr. Suchibrata Das.

QUIZ: Volume 2, Issue 7 Answer:

1. Correct choice: **A Minocycline**
is known to cause hyperpigmentation but not Hirsutism.
2. Correct choice: **B Atopic Dermatitis**
is associated with a poor prognosis in cases of Alopecia areata.
3. Correct choice: **A Endocarditis**
doesn't cause red lunula.
4. Correct choice: **A Adams Oliver Syndrome**
consists of aplasia cutis congenita, syndactyly, oligodactyly, heart and CNS defects.
5. Correct choice: **C Epstein Barr Virus**
Following is a case of Hydroa vacciniforme caused by EBV.

PGPDT East Workshop 2024

The Postgraduate Procedural Dermatology Training East Workshop was held on 24th November at Jagannath Gupta Institute of Medical Sciences & Hospital (JIMSH), Kolkata. Organized by IADVL EC and SIG Dermatosurgery (IADVL Academy) in collaboration with IADVL WB and JIMSH, it was a resounding success. The event was attended by a house full of postgraduate students and young residents, all of whom displayed remarkable enthusiasm and active engagement in mastering surgical techniques.

The workshop was guided by an exceptional national faculty team, including Dr. Yogesh Bhingradia, Dr. Nitin Jain, Dr. Manas Ranjan Puhan, Dr. Nandita Patel, Dr. Tejaswini Salunke, and Dr. Gaurav Dash. Their expertise, approachable manner, and passion for teaching captivated the audience and earned them deep respect.

The local organizing team, under the leadership of HOD Dr. Soumya Panda, along with residents, nursing staff, and other hospital personnel, demonstrated exemplary coordination and unwavering support. Their dedication was consistently praised by the national faculty throughout the event.

A special mention must be made of Dr. Aniruddha Ghosh, the mastermind behind the success of this event. His tireless efforts, infectious enthusiasm, and hands-on approach were key to the smooth execution of the program. His organizational acumen and commitment to excellence were integral to the event's success and will undoubtedly be a valuable asset to IADVL and any future endeavors.

We extend our heartfelt gratitude to Ajanta Pharma for their generous and consistent support throughout every stage of this program.

We look forward to continued collaboration and future successful events in advancing the field of procedural dermatology.

Thank you once again to everyone involved for making this event a memorable and impactful one.



SIG Female Genital Dermatoses

The IADVL SIG Female Genital Dermatitis CME was held on 24th November, 2024 at Vivanta by Taj under the aegis of IADVL EC and SIG Female genital dermatoses (IADVL Academy) in association with IADVL West Bengal. It was an excellent interdisciplinary seminar organised seamlessly by Dr. Sujata Sengupta Ma'am. Dr. Dhanasree Bhide, Dr. Mamatha, Dr. Shweta, Dr. Saswati Halder, Dr. Sujata Sengupta and Dr. Sujata Dutta, Dr. Mandira Dasgupta and Dr. Aparajita Ghosh graced the event as esteemed faculties. The CME was inaugurated by all faculties and chairpersons along with Dr. Sudip Das and Dr. Anupam Das. Extensive discussions were held on physiological conditions of vulva, venereal and non venereal genital dermatosis, pruritus and diagnostic modalities of the same in the presence of chairpersons Dr. Arijit Coondoo and Dr. Santa Ghosh. Recent advances in the field of diagnosis were discussed by Dr. Dhanasree Bhide followed by a detailed panel discussion with all faculties. Organised as a one of its kind in Eastern India mainly focusing on female genital health and detailed inputs by all presenters and faculties, along with active participation from the audience it was truly an enriching event.



Quiz Zone

- Which of the following is true regarding this lesion?
 - It usually onsets in adulthood
 - It most commonly presents in those of African descent
 - It is typically bilateral
 - The sclera is the most common extracutaneous site
 - It is more common in men
- Which of the following drug is known as the curling factor?
 - Terbinafine
 - Griseofulvin
 - Diazoxide
 - Propylthiouracil
 - Tamoxifen
- Late onset subungual keratotic tumors are associated with:
 - Incontinentia pigmenti
 - Neurofibromatosis Type 1
 - Carney complex
 - Cowden syndrome
 - Basal cell nevus syndrome
- The patient was recently hospitalized for a spontaneous pneumothorax. What is the underlying Genetic mutation?
 - FLCN
 - CYLD
 - MSH2
 - PTEN
 - MENIN
- Which of the following is an autosomal recessive disorder characterized by pili torti and Deafness?
 - Waardenburg Syndrome
 - Sjorgen-Larsson Syndrome
 - Refsum Disease
 - Bjornstad's Syndrome
 - Cockayne Syndrome



Kindly send your entry to iadvlwb@gmail.com with 'Skintellect Quiz' as subject.

The correct response of each month gets acknowledged in the next issue.

Send your entries now!

Good luck from Team Skintellect.



SKINTELLECT

The Official Newsletter of the IADVL West Bengal State Branch

Volume 2 Number 8
December 2024



CUTICON WEST BENGAL ' 24 27th Annual State Conference of IADVL, WB State Branch



**11th & 12th
Jan, 2025**

Theme:
**Innovative,
Insightful &
Impactful
Dermatology**



Dhono Dhanyo Auditorium
1, Thackeray Road,
Alipore Police Line
Alipore, Kolkata - 700027

Conference Secretariat

Dr. Surajit Gorai,
Org. Secretary
IADVL, WB State Branch
Moon Plaza, Flat-2E, 62 Lenin Sarani,
Kolkata - 700013 Ph: +91 33 22277553
E-mail : iadvlwb@gmail.com
Website : www.iadvlwb.org