



Purely Presidential,

Greetings from IADVL WB.

Everyday is exciting when we do something new and that's exactly what is happening here.

We are gearing up for the biggest MIDCUTICON from our state till date with an amazing scientific program involving great faculties from our state.

During this MIDCUTICON we will have a historic meeting of the newly constituted State Council.

All the Presidential initiatives headed by committed executives are on their toes to do something positive for the association.

Be it the digital team or the registry team.

The ongoing monthly clinical meetings hosted by the state branch has a heritage value as this is being continued uninterruptedly for more than last six decades!

We are excited to announce the arrival of ভূকবদিত্যর দরবার, the novel webzine in Bengali, a creative and ambitious project from IADVL WB. The editor Dr. Sharmishtha Das should be congratulated for executing the job assigned to her with punctuality, precision and passion.

The EC meeting of this month was very effective in dealing with many issues related to the state branch.

The next month of IADVL WB will be even busier and more productive.

I wish good health, prosperity and happiness to each of our members and their families.

Happy reading



Dr. Koushik Lahiri
President
IADVL WB



Secretary's Scribes

On behalf of IADVL West Bengal, I am delighted to share the 3rd edition of our monthly newsletter 'Skintellect'. Akin to the previous 2 issues, this one is also loaded with information for our beloved members regarding our academic and administrative activities. We are constantly thriving to be more interactive towards our members. Your support and good wishes are cordially solicited for this.



Happy Reading,

*Dr. Kingshuk Chatterjee
Honorary Secretary (2022-24)*

TRUST ME



I'M A DUCKTOR

SAY NO TO QUACKERY IN DERMATOLOGY

Quack

BEWARE OF THE FAKE DOCTORS



Look for a qualified dermatologist with an MD/DNB/Diploma in Dermatology as a qualification before getting treated for your skin diseases





Editors desk, Skintellect

Dear all,

Skintellect, a new dermatology newsletter that's just over 3 months old. I will take you through what we've been up to so far, and what we have planned for the future.



When we first started Skintellect, our goal was to create a resource that would act as an archive of IADVL Activities, will provide dermatologists with the latest information on dermatology research, practice trends, and will have few other features of newsletter like crossword, puzzle, quizzes etc. We also wanted to create a space where dermatologists could share their knowledge and experiences with each other.

I'm happy to say that we've been able to achieve all of those goals. In just 3 months, we've archived the activities after we took over like EC meetings, CMEs, new branch openings etc, published interesting articles on photosensitive disorders, future of dermatology etc and two crosswords along.

We're really excited about the progress we've made so far, but we're just getting started. In the future, we plan to expand our coverage to include more topics, such as cosmetic dermatology, laser treatments, practical tips for budding dermatologists, practice pearls and few more.

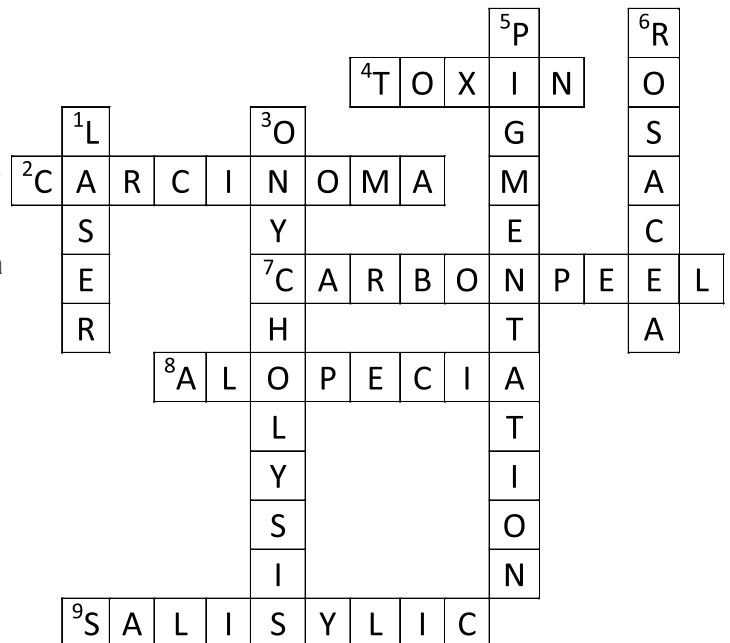
Thank you.

Sincerely,

Dr Surajit Gorai
Editor, Skintellect,
The IADVL WB Monthly Newsletter
Joint Secretary, IADVL, WB

Issue 2
Answer

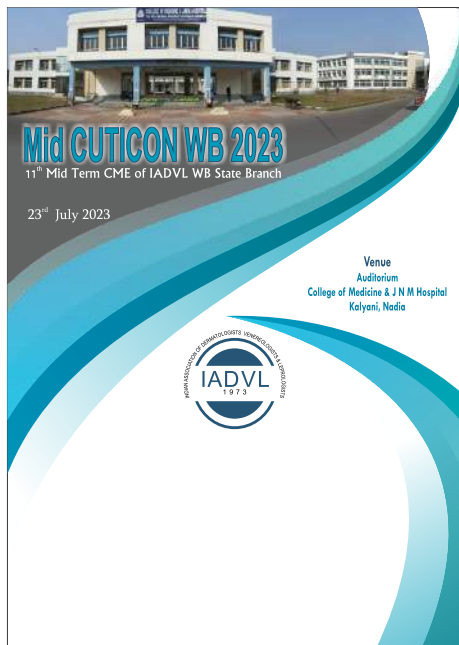
This Crossword Answered by Dr Dipayan Sengupta
Thank You for your answer and happy reading



Courtesy: Dr. Subhasmita Baisya
Dr. Surajit Gorai



MID CUTICON WB 2023



11th Mid Term CME of IADVL WB State Branch

Mid CUTICON WB 2023



Programme Highlights

- PG forum
- Short talks:
 - ★ History of dermatology,
 - ★ Skin Care for the Newborn,
 - ★ Emerging infections,
 - ★ Dermatosurgery: interesting cases
- Management challenges in pregnancy and lactation
- Management challenges of psoriasis with co-morbidities
- Oral mucosa: a window of the body
- Nonvenereal genital Dermatoses
- Quiz

Oration



Dr. B C Lahiri Memorial Oration

Tentative Scientific Programme 23rd July 2023 (Sunday)

Time	Topic	Speaker	Panelist
10.00-10.30 am	Derma Ethics: Chairperson : Nitin Mukherjee, Manabratra Majumder		
10.00-10.15 am	Some Ethical Issues in Cosmetological Practices	Arijit Coondoo	
10.15-10.30 am	Some Ethical Issues in Dermatological Practices	Neloy Sinha	
10.30-11.00 am	Recent Updates: Chairperson: Rathindra Nath Dutta, Dwijendra Nath Gangopadhyay		
10.30-10.45 am	Leprosy: Therapeutic Update	Kunal Pal	
10.45-11.00 am	Acne: Update on Pathogenesis And Therapy	Brijesh Nair	
11.00-11.10 am	TEA BREAK		
11.10-12.05 pm	Therapeutics: Chairperson: Pradip Laha, Saurabh Kr. Dhara (Session sponsored by Glenmark)		
11.10-11.25 am	Rational use of systemic immunomodulatory drugs in Dermatology	Sanjay Ghosh	
11.25-12.05 pm	Panel Discussion: Treating Dermatological Diseases With Systemic Comorbidities: Learning From Case Scenarios Moderator: Anupam Das		Indrashis Podder Soumyajit Roychoudhury Arun Achar Saumya Panda Jayasree Das Pramanik Aparajita Ghosh
12.05-12.35 pm	Dr B C Lahiri Memorial Oration: Chairperson : Koushik Lahiri, Kingshuk Chatterjee		
	Knowledge of Skin and its Diseases in Ancient Indian Medicine: Fact or a Fairy Tale?	Amiya Kr. Mukhopadhyay	
12.35-01.35 pm	Oral Medicine: Chairperson: Sujit Ranjan Sengupta, Santa Ghosh		
12.35-12.50 pm	Oral Mucosal Manifestations of Systemic Diseases	Sudip Kr Ghosh	Sudip Kr Ghosh
12.50-01.30 pm	Panel Discussion: Oral Ulcers in Dermatology Practice: Learning From Case Scenarios Moderator: Partha Mukherjee		Aditi Chakrabarti Dinesh Kr. Hawelia Subhamoy Neogi Shreya Poddar Sanjib Chowdhuri
01.30-01.45 pm	Pediatric Dermatology: Chairperson : Paritosh Kr. Banerjee, Alok Kr Roy		
	Neonatal Dermatology: A Panorama	Sandipan Dhar	
01.45-02.15 pm	LUNCH BREAK		



Tentative Scientific Programme 23rd July 2023 (Sunday)

Time	Topic	Speaker	Panelist
02.15-02.30 pm	Inaugural Ceremony: Inaugurator - Dr. Sujit Ranjan Sengupta, Ex. President, IADVL WB Chief Guest: Principal, COM & JNM, Kalyani, Guest of Honor: MSVP, COM & JNM, Kalyani		
02.30-02.45 pm	Dermatosurgery: Chairperson : Kaushik Shome, Piyali Chatterjee		
	Complications of Dermatosurgery	Manas Chatterjee	
02.45-03.25 pm	Genital Dermatoses: Chairperson: Gangadhar Swarnakar, Partha Sarathi Sen		
	Panel Discussion: Non-venereal Genital Dermatoses : Learning from Case Scenarios Moderator: Sujata Sengupta		Suchibrata Das Somenath Sarkar Satarupa Mondal Joly Seth Chinmoy Kar Abanti Saha
03.25-03.35 pm	TEA BREAK		
03.35-04.35 pm	PG Forum: Interactive Session with Post Graduate Students: Chairperson: Pijush Kanti Datta, Gautam Banerjee		
	Clinical Dermatology	Aparna Palit	
	Leprosy & STI	Sudip Das	
	Clinical Dermatology	Arghyaprasun Ghosh	
	Dermatopathology	Sisir Das	
04.35-05.15 pm	Hand Dermatoses: Chairperson: Satyendra Nath Chowdhury, Asok Kr. Ghoshal		
	Panel Discussion: Hand Dermatoses: Learning from Case Scenarios Moderator: Sourav Kundu		Saswati Halder Surajit Gorai Abhijit Saha Somodyuti Chandra Abheek Sil SK Shahriar Ahmed
05.15-06.15 pm	IADVL WB Quiz for PGTs: Moderator: Rajesh Kr. Mandal, Kingshuk Chatterjee		
06.15-06.30 pm	State Council Meeting of IADVL WB		
06.30-06.45 pm	Extra Ordinary General Body Meeting of IADVL WB		
06.45-07.00 pm	Valedictory Session		
07.00 pm Onwards	Banquet Dinner: Hotel Aquatic Palace, Kalyani		
10.30-12.00 pm	Award Papers by PGTs (6minutes each) (10 Speakers) Hall- B		

Register for MID CUTICON WB

REGISTRATION FEES

Category	1/02/2023 31/3/2023	1/4/2023 10/7/2023	10/7/2023 On Spot
Life Member	₹ 1200/-	₹ 1500/-	₹ 2500/-
Accom Person	₹ 1000/-	₹ 1200/-	₹ 1500/-
PG Student	₹ 1000/-	₹ 1200/-	₹ 1500/-
Cancellation/Refund	50%	25%	NIL

Bank Details for NEFT Payment :

Account Name : IADVL WEST BENGAL STATE BRANCH
Account Number : 058601000020440
Bank & Branch: Indian Overseas Bank (DMT. St. Br. - 0586)
IFSC Code : IOBA0000586
MICR Code : 700020023

Proceedings of the 02nd meeting of the Executive Committee of IADVL W. B. State Branch held on 27th June 2023 at the Association office, for the year 2023-24

Members Present: Dr. Koushik Lahiri, Dr. Kingshuk Chatterjee, Dr. Suchibrata Das, Dr. Satyendra Nath Chowdhury, Dr. Indrashis Podder, Dr. Manabbrata Majumder, Dr. Kisalay Ghosh, Dr. Manas Chatterjee, Dr. Arun Achar, Dr. Partha Mukherjee, Dr. Santa Ghosh, Dr. Arghyaprasun Ghosh, Dr. Nilay Kanti Das, Dr. Pradip Laha.

Dr. Koushik Lahiri, President took the chair and called the meeting to order.

Agenda-1:

Confirmation of the proceedings of the last Executive Committee meeting held on 18/05/2023.

The proceedings of the last Executive Committee meeting of IADVL WB State Branch on 18/05/2023 were read and confirmed unanimously.



Agenda-2: Report on –

- **Mid CutiGOLDCon WB 2022 (Outstanding Dues).**

Dr. Kingshuk Chatterjee, Hony. Secretary informed that till date the association owes some due amounts from few pharmaceutical companies. The President immediately had a talk with the executives of those companies and they assured that the outstanding amounts will be released at the earliest.

- **DERMAZONE EAST & CutiGOLDCon WB 2022 (Outstanding Dues).**

Dr. Kingshuk Chatterjee, Hony. Secretary informed that till date the association owes some due amounts from few pharmaceutical companies. The President immediately had a talk with the executives of those companies and they assured that the outstanding amounts will be released at the earliest.

- **Statements of Nodal Executives of various Presidential initiatives.**

Senior Support:

Hony Secretary informed that a list of senior members has been prepared and handed over to Dr. Santa Ghosh and she is looking after this matter.

Community Derma Project:

Dr. Somenath Sarkar as the nodal executive of Community Dermatology project has already identified 5-6 places to execute this philanthropic Presidential project. Local members will be roped in by him. The exact dates will be finalized after the state panchayat election is over. Visit to correctional homes will also be executed.

Newsletter (Skintellect):

Dr. Surajit Gorai has informed that the first two issues of Skintellect have already been uploaded in our website and the next one is in the pipeline. The members appreciated it.

PLM to LM conversion:

Dr. Koushik Lahiri, President informed that Dr. Anupam Das is looking after this matter in very seriously.

We have taken a policy of 100% conversion of PLM to LM in our state on war footing. The pending list of PLM who should be guided to be our member has been prepared.

Social Media Cell:

Dr. Indrashis Podder placed the report to the members regarding the social media. The members appreciated it.

Registry Database:

Dr. Nilay Kanti Das placed the report to the members regarding the registry database. He also informed that he and his team have conducted a meeting and planned to create the registry database in 2 diseases (1 common diseases & 1 rare disease) in Dermatology. The members appreciated it.

- **SOP of District Units (Burdwan & North Bengal).**

Dr. Kingshuk Chatterjee, Hony. Secretary informed that the draft SOP for district units was ready and it went for a threadbare discussion. It was decided that the draft SOP will be referred to the constitution committee for further ratification.

Vitiligo Day observation.

Hony Secretary informed the members that VITILIGO Day was observed on 25th June (Sunday) in form of a webinar, attended by more than 25 faculties and over 80 delegates, both national and international. The observation continued in all medical colleges on 26th June 2023, in form of sensitizing patients and dedicated camps. All the details will be published in our newsletter.

Agenda-3: Discussion regarding-

- **Mid CUTICON WB 2023.**

Dr. Partha Mukherjee, Organizing Secretary informed the members that we have done all bookings and all arrangement for Mid Cuticon WB 2023. He also informed that we have received 89 delegate registrations till now and the expect total delegate count around 150 approximately. The members appreciated it.

- **CUTICON WB 2023.**

Dr. Arun Achar, Organizing Secretary informed that brochure and pharma tariff of CUTICON WB 2023 was ready and it will be circulated after MID CUTICON WB 2023. Dr. Indrashis Podder, informed that the tentative program was also ready. Org Secretary informed that we have also booked the NRS Medical College E-classroom for the workshop on Dermatopathology on 8th December.



Indian Journal of Dermatology.

Dr. Manas Chatterjee, Editor informed that the june issue was ready and it will be published at the earliest.

- **Proposal for CC Meet 2023.**

Hony Secretary informed the members that we have submitted 2 proposals for the CC Meet 2023 regarding standardized MOU between our association and pharma sponsors and sensitizing pharma partners about quackery. The members accepted it.

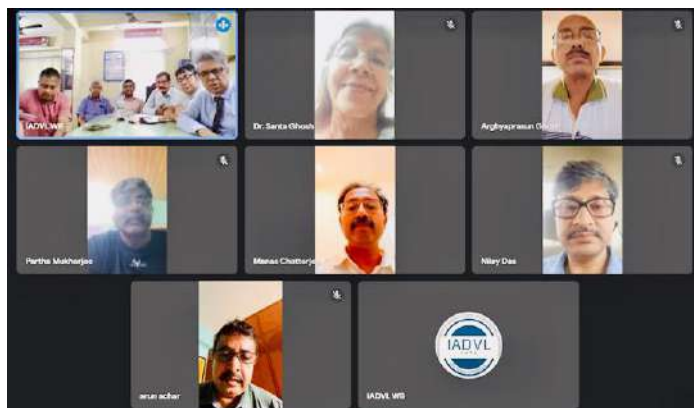
- **Discussion on potential attendees for CC meeting.**

Hony Secretary placed the Central Council members list of IADVL WB to the members and after discussion it was decided that Dr. Satyendra Nath Chowdhury and Dr. Pradip Laha will attend the CC meet with President & Hony Secretary of IADVL WB. The members accepted it.

Agenda-4: Discussion on various sub-committee activities (Both AGBM approved and Presidential initiatives)

Dr. Sudip Das informed the members that we have received a list from pharma companies for their interest to organize some CME in future. The list is given below:

1. First Webinar On Vitiligo Day Sponsored By Palson on 25th June 2023.
2. Pfizer (Biologics/ Ad)
3. Glenmark(Hair Disorders)
4. Alkem(Dermatoaphytosis)
5. A CME on World Psoriasis Day (29th October)
In collaboration with Sig Psoriasis



Agenda-5: Discussion regarding website.

Hony Secretary informed the members that our website has been functional since last 2 months and we are trying to upgrade it daily. He also informed that we will create flipbook in our website to showcase our webzine. We need to organize a physical meeting with our vendor of website to sort out many technical issues. The members accepted it.

Agenda-6: Discussion regarding correctional home visit.

Hony Secretary informed the members that this matter will be taken up after Panchayat Election of West Bengal is over.

Agenda-7: Miscellaneous.

- **SIG Psoriasis on 29th October, 2023.**

Hony Secretary informed the members that we have received a proposal from Dr. Sudip Das to organize a SIG Psoriasis on 29th October, 2023. The members accepted it.

- **SIG Financial implications 194J issue.**

Hony Secretary informed the members about the financial implications of 194J involved in SIG programmes. All the members opined that IADVL WB will have no financial liabilities regarding SIG programmes and the same will be sorted out between Academy and the pharma sponsor.

- **Show cause letter to office staff Prasenjit Das**

Prasenjit Das has agreed to submit a reply in writing for the show cause notice at the earliest.

As there was no other agenda, meeting ended with vote of thanks to the chair.



CUTICON WB 2023
26th Annual State Conference of IADVL, WB Branch

Venue
Biswa Bangla Convention Centre
Plot No. DG/02/1, DG Block,
New Town, Kolkata- 700 156

**9th-10th
December 2023**

Conference Secretariat
Dr. Arun Achar, Org. Secretary
IADVL WB State Branch
Moon Plaza, Flat-2E, 62 Lenin Sarani,
Kolkata - 700013
Ph: +91 33 22277553
E-mail: iadlvwb@gmail.com
Website: www.iadlvwb.org

Theme: "Translating knowledge into practice in Dermatology"

CUTICON WB 2023

Highlights

Prof. B N Banerjee Memorial Oration
Prof. R K Panja Memorial Oration
Prof. A K Dutta Memorial Oration

Sessions attributed to

1. Acne- a multisystem disorder
2. Current trends in occupational dermatoses
3. Challenges in cutaneous neglected tropical disorders
4. Decoding cosmeceuticals
5. Emerging role of gut-skin axis in Dermatology
6. Artificial Intelligence in Dermatology - boon or bane?
7. Dermoscopy and Procedural Dermatology- Tips and tricks
8. Dedicated, small-group, hands-on workshop on Dermatopathology and Skin Injectables

SESSION FOR PETS

AWARD SESSION

EXTEMPORÉ SPEECH

QUIZ!

Pre- Conference Workshop on 8th December 2023
Dermatopathology
Skin Injectables

26th Annual State Conference of IADVL, WB Branch

ASTICON 2023
47th NATIONAL CONFERENCE OF IASSTD & AIDS
29th, 30th September & 1st October 2023
Theme: "Sexually Transmitted Infections: A Window to Medicine"

Bank Details for NEFT Payment:
Account Name: ASTICON 2023
Account Number: 41704682987
Bank & Branch: SBI (Taltala Br. - 4771)
IFSC Code: SBIN004771
MICR Code: 700002100

Conference Secretariat
Dr. Sudip Das, M.D. (Derm & Ven)
Org. Secretary, ASTICON 2023
Flat No. 2E, (2nd Floor),
Moon Plaza, 62 Lenin Sarani,
Kolkata - 700013, West Bengal
Phone: +91 33 2227 7553
email: asticonkolkata2023@gmail.com

Venue
Dhans Dhans Auditorium
Thakuray Rd, Alipore Police Line,
Alipore, Kolkata - 700027



REGISTRATION FEES

Category	1/2/2023 31/5/2023	1/6/2023 31/8/2023	1/9/2023 On Spot
IASSTD Member	₹ 8000/-	₹ 10000/-	₹ 12000/-
IADVL Member	₹ 9000/-	₹ 12000/-	₹ 14000/-
Accom Person	₹ 6000/-	₹ 8000/-	₹ 10000/-
PG Student	₹ 7000/-	₹ 9000/-	₹ 11000/-
International Delegate	\$ 300/-	\$ 400/-	\$ 500/-
Non Member	₹ 10000/-	₹ 15000/-	₹ 20000/-
Cancellation/Refund	50%	25%	NIL

YONO SBI Payments

MERCHANT NAME: IASSTD AND AIDS
UPI ID: ASTICON2623@SBI

SCAN & PAY

SBI Pay
SHRIMP UPI



VITILIGO DAY 25th June 2023

The Indian Association of Dermatology, Venereology and Leprology (IADVL) West Bengal Chapter celebrated World Vitiligo Day on June 25, 2023, with an online panel discussion based upon "Updates on Vitiligo management". The event was attended by many dermatologists pan India. Importance of raising awareness about vitiligo and the need to provide support to patients was discussed along with therapeutic updates in this field.

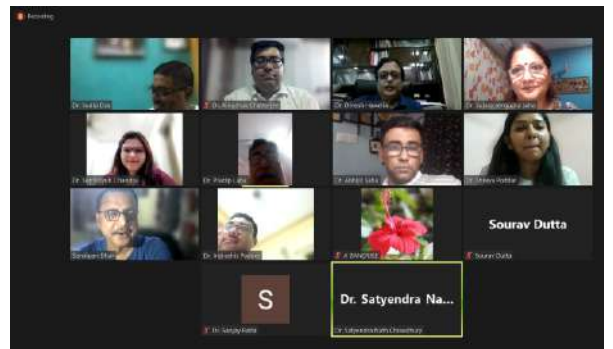
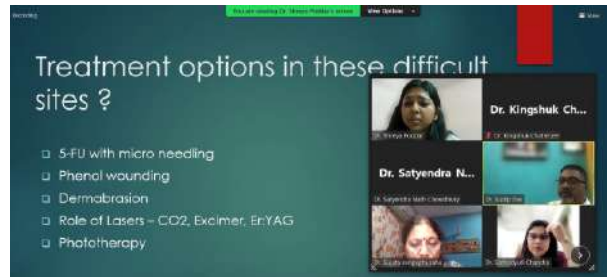
WEST BENGAL

Date : 25th June
Time : 6 pm-8.30 pm

RECENT UPDATES IN VITILIGO

West Bengal IADVL brings to you a Special webinar on Vitiligo Update

Webinar



Purulia Medical College



School of Tropical Medicine



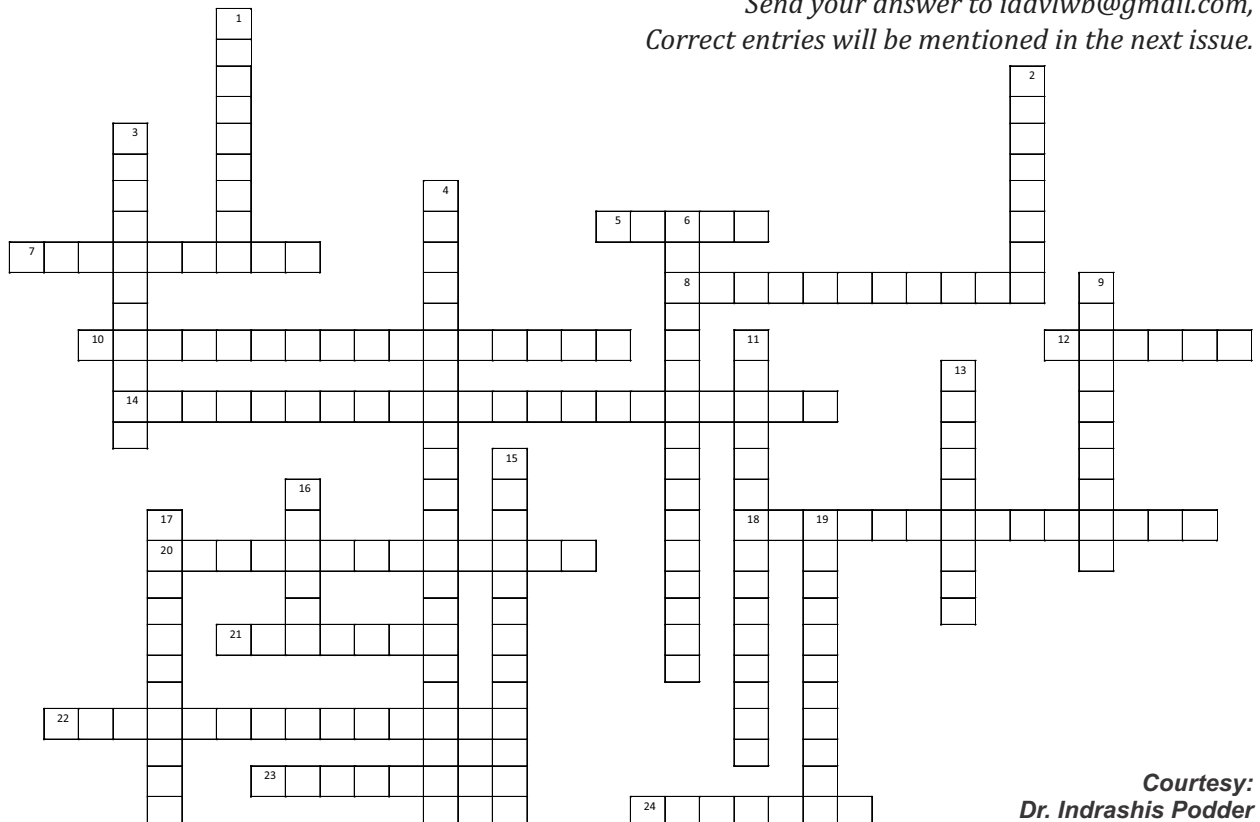
CROSSWORD

Down

- Jaw-line rejuvenation is called _____ lift
- Bull-dog jaw is seen in which congenital condition?
- Michael Pristor is the father of _____
- “Mulberry” like mucosal erosions are seen in which condition?
- Posterior helical pits (ear) are pathognomonic for which syndrome?
- Biologic implicated to increase suicidal risk (it had to be taken off trials)
- Sandwich parakeratosis is seen in which condition?
- Who is regarded as the father of modern vitiligo surgery?
- Mango dermatitis occurs due to which plant species?
- Which is the commonest scale used to classify photoaeging?
- Lupus pernio is seen in which condition?
- Anti-leprosy action of which drug was confirmed in 1962 by Browne and Hogerzeil?

Across

- Electron microscopy in Fabry's disease shows characteristic _____ bodies
- According to the recent EU-GALLEN guidelines which is the safest antihistamine in pregnancy?
- Which tumours are called “turban tumours” due to their appearance?
- Which condition shows “tulip hair” appearance on trichoscopy?
- The first ever meet of Indian dermatologists occurred in 1947; in which city?
- “Caterpillar bodies” are seen under the microscope in which condition?
- Lizard skin is seen in which condition?
- Safest systemic antifungal during pregnancy
- Which is the newest laser showing promising results in melisma?
- “Bare underbelly” sign may be seen in the HPE of which condition?
- 25th June is celebrated as world _____ day
- Which syndrome occurs due to mosquito bite allergy?



Send your answer to iadvlwb@gmail.com,
Correct entries will be mentioned in the next issue.

Courtesy:
Dr. Indrashis Podder



How to hone your academic skills while being a practicing dermatologist

Dr. Saumya Panda
Professor & Head,
Department of Dermatology,
JIMS, Budge Budge, Kolkata

When one asks this question, one issue is settled regarding whom this query is addressed to: to the ones who wish that they were academics, but due to the quirk of circumstances they have to work professionally as a dermatologist practitioner. The following few words are meant for this small tribe of practicing dermatologists.

As one may easily imagine, the first step to continue enriching oneself academically while building and maintaining one's practice is to have a strong will to do so, because the structure of medical services in our country does anything but incentivize academic medical practitioners in academic pursuits.

One of the feasible ways to engage oneself academically while being a practitioner is to get associated with an academic department of dermatology. With a surfeit of private medical colleges having postgraduate departments in dermatology burgeoning in recent times, this is easier than before. However, some may not have stomach for teaching and all the hassles associated with the job, yet may be superbly cut out to be academic practitioners. What should be the way forward for them?

The first step should be to subscribe to email and WhatsApp groups devoted to academic discussions in dermatology, be it the Acad_IADVL of the IADVL, or some groups hosted and administered individually like the Acaderma_Bangla here locally, the Interventional Dermatology group having members all over India, or the Rx-Derm e-mail group having a global membership. At the same time, one has to identify his/her broad area of interest (clinical dermatology, procedural dermatology, dermatopathology, etc) and get associated with respective peer groups in these areas.

Those who have greater aspiration, that of writing scientific reports and publishing, will have a more arduous route. Academic writing does not fall from the sky. Like every other form of writing, it requires strenuous training in research methods and analysis, regular updating of oneself in one's areas of interest, and developing a regular habit of writing. In all this, a great stepping stone would be to begin working as a peer reviewer and, subsequently, associate oneself with the editorial team of a good journal.

All of the above may sound like a good plan, but the real trick would be in translating the plan into practice, which is easier said than done. The final caveat: There is no single way of pursuing academic activities, and, at the end of the day, everyone must have the strength to make his or her own way. Academic clinical activity means, after all, moving against the tide, as more one engages in this in a serious manner, in some ineluctable way, one moves away from the mainstream of dermatology practice. How? More of that later.



Tips to counsel a patient who need laser hair reduction

Dr Dinesh Hawelia
Consultant dermatologist, Kolkata
Dr Subhadeep Mallick
Senior Resident IPGMER, Kolkata

Unwanted facial hair is a relatively common problem with the potential to affect a person emotionally and socially. In the past decade, demand for laser hair reduction has increased. Laser hair reduction has largely replaced more traditional methods of hair removal. Some tips on how to counsel a patient for laser hair removal:

1. Explain the procedure-Start by explaining what laser hair removal is and how it works. Be sure to discuss the different types of lasers that are available and the benefits and risks of each type. Lasers target the terminal hair and not the vellus hair. Vellus hair are resistant to removal due to the absence of melanin. Generally, facial hair is finer and lighter compared to the hair on the rest of the body, making it one of the most challenging areas to treat. Therefore, multiple treatment sessions, more than the usual may be necessary.
2. Discuss the patient's expectations. It's important to set realistic expectations for the patient. Laser hair removal is not a permanent solution, and it may take several treatments to see the desired results. Laser hair reduction is most successful in patients with Fitzpatrick Skin Types I to IV with dark terminal hair. In patients with Fitzpatrick Skin Types V to VI, the epidermal melanin competes with the target chromophore that can lead to undesirable skin pigmentation changes and adverse effects, such as scarring. However, these patients can be effectively treated using longer wavelengths, longer pulse durations, conservative fluences, and an efficient cooling system.
3. Review the patient's medical history. Laser hair removal is not suitable for everyone. Be sure to review the patient's medical history to exclude any contraindications.
4. Discuss the aftercare There are some steps to do by the patients after their laser hair removal treatment e.g use of sunscreens, mild topical steroids. Be sure to discuss these with the patient, including what to expect in terms of pain, redness, and swelling. The optimal endpoint of laser therapy is perifollicular edema and erythema. An adjustment of fluence or pulse duration might be indicated if this is not achieved. Presence of confluent erythema, greying, blistering, or extreme pain are signs of epidermal injury.
5. Answer the patient's questions. The patient may have a lot of questions about laser hair removal. Be sure to answer them in a clear and concise way.
6. A written consent
7. Discuss the finances It must suit their financial budget. Some additional tips are Use clear and concise language. The patient should be able to understand the information that you are providing.
 1. Be patient. The patient may have a lot of questions, so be patient and answer them in a thorough way.
 2. Be professional. The patient should feel comfortable talking to you about their concerns. By following these tips, you can help ensure that the patient is well-informed about laser hair removal and that they have a positive experience.

Here are some additional questions that you may want to ask the patient:

- * What is your reason for wanting laser hair removal?
- * What areas of your body do you want to have treated?
- * What is your skin type?
- * Are you taking any medications?
- * Have you had any previous laser hair removal treatments?
- * Have you ever had any skin reactions to laser treatments?
- * Are there any other concerns that you have about laser hair removal?

By asking these questions, you can get a better understanding of the patient's needs and concerns. This will help you to provide them with the best possible care.

Monthly Clinical Meeting of IADVL WB

The clinical meeting of IADVL WB for the month of June on **28/05/2023** took place in **IADVL, WB Office**

Dr Kisalay Ghosh discussed three very interesting cases.

1. A 23Y/F presented with fever, malaise and erosio-ulcerative lesions on lips with few papules and small erosions over chest. Biopsy of oral mucosa reported erosive LP. But then in next few weeks lesions increased. So a chest biopsy done that showed subepidermal bullae with vacuolar degeneration and inflammation in dermis. There we also basement membrane thickening in oral biopsy lesion. Finally it was diagnosed as Acute LE and treated in that line of management and patient responded very well.
2. Second interesting case was a 26Y/F who presented with multiple small to moderate papulonodular lesions on inter mammary region since childhood. Few lesions enlarged and having serous discharge. Initially it though to be Hidradenitis but there no waxing-waning or sinus formation or scarring. A biopsy from the nodule revealed well formed sebaceous lobules without much change in other areas of the section. So a diagnosis of rare disease of sebaceous trichofolliculoma was made and lesion removed electrosurgically.
3. Third case was a 62Y/ F with small painful ulcerations on both lower legs with blue and red telangiectasia. Thinking it as arterial origin she has received antiplatelets as well as thrombin inhibitors like Rivaroxaban without any response. Lesions flared with systemic steroid. Doppler study for artery and veins were normal. So a punch biopsy done from the perilesional area of an ulcer. It showed squaring of the specimen like morphea and lobular proliferation of blood vessels. Finally stamped as venous stasis and patient responded very well to compression therapy for 2 weeks.



Second presentation was by Dr Surajit Gorai on

“How do I manage acne Scar”. He has shown how multiple modalities that can help to manage different types of acne scar. Combination of procedures gives faster and better result and total duration of therapy also comes down to great extent. Multiple photographs depicted about how prevention of acne scar should be the primary



goal of patients with active lesions. Isotretinoin and systemic steroid can be very effective in achieving that goal. Ablative CO2 Laser (Acupulse and Ultrapulse) and Non ablative Erbium device are equally effective in many patents with severe scarring. Both modalities are comparable in efficacy but downtime and complications with non ablative devices are less. Chemical peel can be



combined with lasers when skills and expertise are optimal. Isotretinoin in low dose can be continued even in darker skin types while doing other procedures for acne scar. He has described those with pre post images. Two interesting innovations that he has shown got published. One says about how to do scar reduction laser in lipotrophy cheek and second one is how to TCA CROSS in deep acne scars where a tooth pick doesn't enter it's depth. He also described how MNRF can help in failed CO2 Laser for acne scar. Probably deep delivery of energy is the reason why CO2 failed and MNRF worked. So managing acne scars should be a combination with different procedures when it's needed. It's a skill and experience based management and has to be individualized for each patient.



A novel and creative endeavour of IADVLWB.

Write-ups in Bengali including short stories, poems, travelogue, culinary even paintings, sketches and crosswords by our members are included in it.

ত্বকবদ্যির দরবার
IADVL WB

ভারতীয় ত্বক, যৌন ও কুষ্ঠ রোগ বিশেষজ্ঞ সমিতি
পশ্চিমবঙ্গ রাজ্য শাখা

ত্বকবদ্যির দরবার
IADVL, পশ্চিমবঙ্গ রাজ্য শাখার একটি সুস্বামীল উদ্যোগ

সম্পাদক: ডাঃ শর্মিষ্ঠা দাস

সংস্করণ সংখ্যা: প্রথম খণ্ড - প্রথম সংখ্যা
জুলাই ২০২৩

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