



## ***Precisely Presidential***

*Greetings from IADVL WB.*

*The first issue of Skintellect was truly sensational.*

*This issue will be no different either.*

*The month of May started with a very effective meeting with our committed Antiquackery cell. Subsequently we had at least half a dozen e-meeting and con-call with the various committee heads and nodal executives of various presidential projects.*

*The first EC meeting this year was exhaustive and comprehensive. The meeting minutes are included in this issue of a Skintellect for every members to read.*

*For the first time we have created our State Council.*

*The coming months will surely keep us busy with multifarious activities of the branch.*

*But I am sure that with your active involvement there won't be a single dull moment.*

*Like the first issue this issue of Skintellect will also showcase all the meeting notices and agenda, minutes, resolutions, activities, announcements, photos etc., of IADVL WB and its chapters.*

*We have included Monthly clinical meeting details for April and May in this issue.*

*This will be updated and archived on the website every month for any ready reference in the future.*

*Through this we will update members about all the activities that we initiate and execute.*

*Happy reading.*



*Dr. Koushik Lahiri  
President  
IADVL WB*



## Secretary's Scribes

Dear Members,

*On behalf of IADVL West Bengal, I am extremely delighted to welcome you all to the second issue of our monthly newsletter 'Skintellect'. After an overwhelming response for the inaugural issue, we have left no stones unturned to make this issue even more interesting for our members. Starting from proceedings of our executive committee meetings to future of Dermatology, the readers will find a bundle of thought provoking facts. I will fail my duties if I don't mention Dr. Surajit Gorai and his team of young Derma guns as well as Mr. Khageshwar Das, our beloved office assistant for their tireless efforts to bring out the wonderful issues of Skintellect on time!*



Happy Reading,

*Dr. Kingshuk Chatterjee  
Honorary Secretary (2022-24)*



## From Editors desk, Skintellect

Dear readers,

Welcome to the latest issue of Skintellect. In this issue, we have tried to cover a wide range of topics, including:

1. Proceedings of Executive Committee meeting in detail that includes future conferences, District Unit of IADVLWB, Anti Quackery standpoint and many more.
2. Clinical meeting of this month
3. Woman's dermatology wing of IADVL WB activities
4. An interesting dermatology crossword
5. A brief write up about 'A look at the future of dermatology'

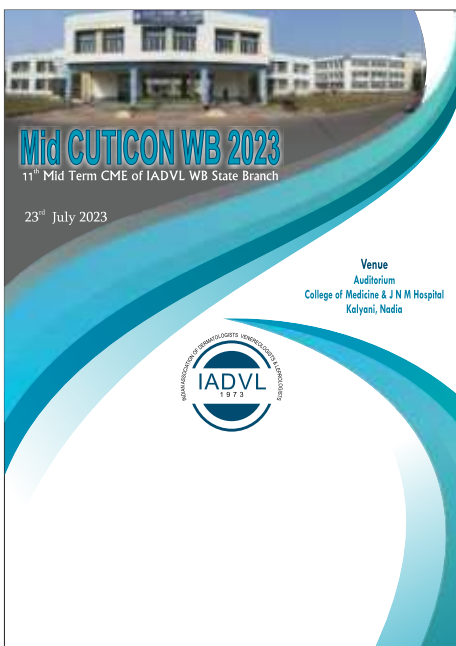
We hope you enjoy this issue of Skintellect. If you have any questions or comments, please feel free to contact us.

We want your active participation for next issue. Please feel free to send new dermatology research, new findings, your day to day experience, feelings, fun facts, crossword, puzzles and whatever you feel right for this newsletter. We are open to accept wide range of articles of 250-350 words. Please share your articles to [drsgorai@gmail.com](mailto:drsgorai@gmail.com) and [iadvlwb@gmail.com](mailto:iadvlwb@gmail.com).

Happy reading.

Sincerely,

Dr Surajit Gorai  
Editor, Skintellect,  
The IADVL WB Monthly Newsletter  
Joint Secretary, IADVL, WB



Register

## REGISTRATION FEES

Category	1/02/2023	1/4/2023	10/7/2023
	31/3/2023	10/7/2023	On Spot
Life Member	₹ 1200/-	₹ 1500/-	₹ 2500/-
Accom Person	₹ 1000/-	₹ 1200/-	₹ 1500/-
PG Student	₹ 1000/-	₹ 1200/-	₹ 1500/-
Cancellation/Refund	50%	25%	NIL

### Bank Details for NEFT Payment :

Account Name : IADVL WEST BENGAL STATE BRANCH  
Account Number : 058601000020440  
Bank & Branch: Indian Overseas Bank (DMT. St. Br. - 0586)  
IFSC Code : IOBA0000586  
MICR Code : 700020023

## Proceedings of the 01<sup>st</sup> meeting of the Executive Committee of IADVL W. B. State Branch held on 18<sup>th</sup> May 2023 at the Association office, for the year 2023-24

**Members Present:** Dr. Koushik Lahiri, Dr. Kingshuk Chatterjee, Dr. Sudip Das, Dr. Suchibrata Das, Dr. Sumit Sen, Dr. Satyendra Nath Chowdhury, Dr. Shreya Podder, Dr. Manas Chatterjee, Dr. Indrashis Podder, Dr. Surajit Gorai, Dr. Arun Achar, Dr. Partha Mukherjee, Dr. Partha Sarathi Sen, Dr. Dipayan Sengupta. Dr. Abanti Saha

Dr. Koushik Lahiri, President took the chair and called the meeting to order.

### Agenda-1: Confirmation of the proceedings of the last Executive Committee meeting held on 31/03/2023.

The proceedings of the last Executive Committee meeting of IADVL WB State Branch held on 31/03/2023 were read and confirmed unanimously.



### Agenda-2: Report on –

- **Mid CutiGOLDCon WB 2022 (Outstanding Dues).**

Dr. Kingshuk Chatterjee, Hony. Secretary informed that till date we have some outstanding amount from few pharmaceutical partners. The members decided that the outstanding amount list will be sent to the concerned official from the pharmaceutical partner settlement at the earliest.

- **DERMAZONE EAST & CutiGOLDCon WB 2022 (Outstanding Dues).**

Dr. Sudip Das, Org. Chairperson informed that we have received maximum sponsorship amount from pharmaceutical partners for CutiGOLDCon WB 2022 till date we have some outstanding amount from few pharmaceutical partners. The members decided that the outstanding amount list will be sent to the concerned official from the pharmaceutical partner settlement at the earliest.

- **Golden Jubilee Felicitation**

Dr. Kingshuk Chatterjee, Hony Secretary informed that Golden Jubilee Felicitation, held on 02<sup>nd</sup> April, 2023 was a grand success at The Park Hotel, Kolkata. The members appreciated it.

- **Brush up 2.0**

Dr. Kingshuk Chatterjee, Hony Secretary informed that CME on Dermatology Brush-up 2.0” held on 23<sup>rd</sup> April, 2023 was a grand success at KPC Medical College, Kolkata. He also informed the members that many faculties and 80 odd PGTs participated in this conference. The members appreciated it.

- **Academic Tour**

Dr. Kingshuk Chatterjee, Hony. Secretary informed the members that the academic tour was conducted from 13/04/2023 to 16/04/2023. He also informed that the tour management by M/s Pushpa Tour & Travels was mostly good. The members appreciated it.

- **Discussion regarding Dr. A K Dutta Memorial Oration**

Dr. Kingshuk Chatterjee, Hony. Secretary informed that we have received Rs. 100000/- from the proposers for Dr. A. K Dutta Memorial Oration Fund. The members decided that this matter will be referred to Finance Committee for ratification.



- **Statements of Nodal Executives of various Presidential initiatives**

**Senior Support:** Dr. Santa Ghosh will look after this matter. This EC committee decided that senior members (80 years and above) based on DOB will be enlisted and One or two younger members residing nearby in the same locality will be assigned for each of them and Phone calls from IADVL office and from these assigned members will be made. Home visits will be arranged as deemed appropriate.

**Community Derma Project:** Dr. Somenath Sarkar as the nodal executive of Community Dermatology project has already identified 5-6 places to execute this philanthropic Presidential project. Local members will be roped in by him. This project has been clubbed with our Go-green initiative. Saplings of various plants will be distributed by Dr. Sarkar and his team during these camps. Office will design the banner and rest of the logistics will be organised by him. As a part of the same project, skin health camps will be conducted in correctional homes.

**Newsletter (Skintellect):** Dr. Koushik Lahiri, President informed that the first Skintellect was published in our website on 1<sup>st</sup> May. It will be published monthly henceforth. The members appreciated the role of Dr. Surajit Gorai as nodal executive for this project.

**PLM to LM conversion:** Dr. Koushik Lahiri, President informed that Dr. Anupam Das is looking after this matter with utmost priority. We have taken a policy of 100% conversion of PLM to LM in our state on war footing. The pending list of PLMs would be forwarded to the nodal executive for his perusal.

**Social Media Cell:** Dr. Koushik Lahiri, President informed that Dr. Indrashis Podder is looking after this matter and he informed that we have already created a facebook, Instagram and twitter accounts for IADVL WB State Branch. The members appreciated it.

- **SOP of District Units (Burdwan & North Bengal)**

Dr. Kingshuk Chatterjee, Hony. Secretary informed that the SOP for District Unit is in progress and it will be completed soon and then it will be placed in the next Executive Committee meeting.

### **Agenda-3: Discussion regarding-**

- **Mid CUTICON WB 2023.**

Dr. Partha Mukhopadhyay, Organising Secretary informed the members that a Bus for all members and a SUV for travel of office staffs with all equipment to venue has been finalized. President proposed that the orator will be felicitated with a shawl, Certificate & special memento. He also informed that the delegate gift has been confirmed. The members accepted the proposal.

- **CUTICON WB 2023.**

Dr. Arun Achar, Organising Secretary proposed the committee, pharma tariff and Registration tariff of CUTICON WB 2023 to the members. Dr. Sumit Sen, Scientific Chairperson informed that we requested our members for suggestion regarding the theme of the conference and some members suggested. The members decided that the theme of the conference will be "**Translating Knowledge into Practice in Dermatology**". He also informed that we will organize two workshops on the topics of Dermatopathology and Injectables & Botox on 8<sup>th</sup> December, 2023 and each workshop will be limited to maximum 20 participants. The members accepted it.



- **Indian Journal of Dermatology**

The members appreciated our editor Brig Manas Chatterjee's exemplary works as the editor to bring back the journal on track and his consistent presence in the EC meetings even when not in town. The March- April issue was released in April. The May- June issue is also scheduled to be released in May. A committee was formed with the past editors like Dr. Sandipan Dhar and Dr. Soumya Panda and State IADVL Secretary Dr. Kingshuk Chatterjee as members and Editorial assistant Tapas Kayal as observer. Editor Dr. Manas Chatterjee will chair this committee. This committee will delve deep in to the pros and cons of change of publisher help and advise the editor on this matter and oversee/ ensure a smooth transition process. 6 weeks have been given to the committee to come out with a final report.

- **Neglected Tropical Diseases**

Nothing Discussed.

#### **Agenda-4: Discussion on various sub-committee activities (Both AGBM approved and Presidential initiatives)**

Dr. Koushik Lahiri, President informed that we need to create the IADVL WB State council as mandated by our constitution approved by our AGBM. The members proposed and approved by the EC are:

North Bengal	Dr. Arup De Sarkar, Dr. Sanjay Rathi	Hooghly	Dr. Dayamay Paul
Malda	Dr. Debasish Sarkar	Howrah	Dr. Nilendu Sarma
Murshidabad	Dr. Soumyajit Roy Chowdhury	N 24 Parganas	Dr. Astik Mani Ghoshal
Burdwan Birbhum	Dr. Animesh Biswas, Dr. Koushik Shome	S 24 Parganas	Dr. Gautam Saha
Nadia	Dr. Partha Mukherjee	Kolkata	Dr. Pranab Basak
Purulia	Dr. Sudipta Roy	Bidhan Nagar	Dr. Arghyaprasun Ghosh
Bankura	Dr. Aparesh Chandra Patra	Midnapore (West)	Dr. Chittaranjan Bar
Midnapore (East)	Dr. Apurba Giri		

#### **Agenda-5: Discussion regarding website.**

Dr. Kingshuk Chatterjee, Hony. Secretary informed that Dr. Dipayan Sengupta had an elaborate 2 hour long meeting with our office regarding all the loose ends of our newly constructed website and he placed the statement.

#### **Agenda-6: Miscellaneous.**

- **Discussion regarding Anti Quackery Cell**

Dr. Sudip Das, nodal executive of IADVL Anti quackery cell has informed that they had a very successful meeting of the committee on 1st May with all the other members of the cell like Dr. Animesh Biswas, Dr. Joyeeta Chowdhury, Dr. Soumyajit Roychowdhury. They took a ZERO TOLERANCE POLICY AGAINST QUACKERY IN DERMATOLOGY and formally appealed to all the pharma houses not to offer any affiliation/ support towards registration/ participation in any programme sponsored/organized by the house in any form for any person who is NOT a member of IADVL/ not in possession of a NMC/ SMC recognized post graduate qualification in Dermatology. Any violation of this policy, as and when identified will warrant strict actions including temporary/ permanent blacklisting from IADVL or as deemed appropriate by the executives. Additionally they have started a new mail id (iadvlwbantiquackery@gmail.com) to send any complaint against any fraudulent practitioner.

Dr. Animesh Biswas has proposed introduction of a QR code based identity card for all state branch members and its feasibility is being looked into and A committee of inspectors (Dr. Satyendra Nath Chowdhury, Dr. Gautam Banerjee, Dr. Arup De Sarkar, Dr. Arun Achar) has also been suggested by the cell to investigate validity of each of the complaints received. All these were appreciated and accepted by the state EC.



**Suggestion for Initiating Registry database for some vital disease**

President, Dr. Koushik Lahiri and Hony. Secretary Dr. Kingshuk Chatterjee had a discussion with Dr. Nilay Kanti Das our nodal executive on registry database. It was reported that Dr. Das has identified two diseases ( Vitoligo and Dermatophytosis) to begin with. He is already in touch with key persons in ICMR and has prepared a detailed plan to execute the project. The EC has assured him all support and wish him luck to come up with an exhaustive registry which will be a great asset for our future academic and administrative endeavours.

**Membership List for marketing agencies**

Dr. Kingshuk Chatterjee, Hony. Secretary informed that we have received a mail for the membership list distribution by a marketing agency and the requested the amount of the list should be consider within Rs. 4000/- . The members decided that the amount of the membership list for marketing agency is fixed of Rs. 10000/- and it will be not negotiable.

**Role of IADVL Executives in Bangla DERMACON and ASTICON 2023**

Dr. Kingshuk Chatterjee, Hony. Secretary asked the Role of IADVL Executives in Bangla DERMACON and ASTICON 2023 to the members. It was discussed and decided that these are not related to IADVL WB and members are taking part in these on their individual capacity. The office staffs may be utilised for these conferences based on mutual understanding. If the office space id used, rent will have to be paid.

**Specific dates for IADVL EC meetings**

Dr. Kingshuk Chatterjee, Hony. Secretary informed that we have received a proposal from the president to fixed a specific dates for IADVL WB Executive Committe . The members decided that the date should be 15<sup>th</sup> of every month

As there was no other agenda, meeting ended with vote of thanks to the chair.

INDIAN ASSOCIATION FOR THE STUDY OF SEXUALLY TRANSMITTED DISEASES & AIDS

## ASTICON 2023

47<sup>TH</sup> NATIONAL CONFERENCE OF IASSTD & AIDS  
29<sup>th</sup>, 30<sup>th</sup> September & 1<sup>st</sup> October 2023  
Theme: "Sexually Transmitted Infections: A Window to Medicine"

**Bank Details for NEFT Payment :**

Account Name : ASTICON 2023  
Account Number : 41704682987  
Bank & Branch: SBI (Taitala Br. - 4771)  
IFSC Code : SBIN0004771  
MICR Code : 700002100

Conference Secretariat:  
Dr. Sudip Das, M.D. (Derm & Ven)  
Org. Secretary, ASTICON 2023  
Flat No. 2E, (2nd Floor),  
Moon Plaza, 62 Lenin Sarani,  
Kolkata - 700013, West Bengal  
Phone: +91 33 2227 7553  
email: asticonkolkata2023@gmail.com

Venue:  
Dhono Dhanno Auditorium  
Thackeray Rd, Alipore Police Line,  
Alipore, Kolkata - 700027

Merchant Name: IASSTD AND AIDS  
UPI ID: ASTICON2023@SBI

SCAN & PAY

EP-DVP  
SBI Pay  
BHIM UPI

**Register** →

**REGISTRATION FEES**

Category	1/2/2023 31/5/2023	1/6/2023 31/8/2023	1/9/2023 On Spot
IASSTD Member	₹ 8000/-	₹ 10000/-	₹ 12000/-
IADVL Member	₹ 9000/-	₹ 12000/-	₹ 14000/-
Accom Person	₹ 6000/-	₹ 8000/-	₹ 10000/-
PG Student	₹ 7000/-	₹ 9000/-	₹ 11000/-
International Delegate	\$ 300/-	\$ 400/-	\$ 500/-
Non Member	₹ 10000/-	₹ 15000/-	₹ 20000/-
Cancellation/Refund	50%	25%	NIL



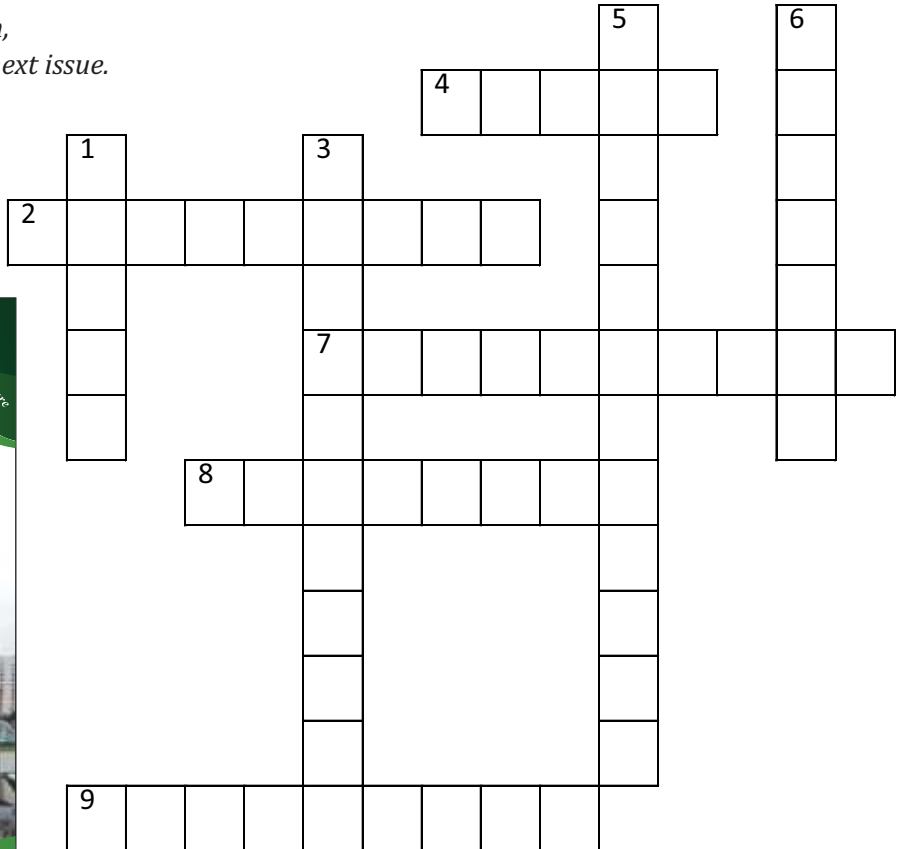
### Up down

1. A new technology with monochrome light source used to treat skin conditions
3. Nail changes associated with tetracycline usage.
5. Frequent Consequences of Acne in darker skin types
6. Recently, secukinumab has been trialed for skin disease involving nose, ears and eyes.

### Across

2. An entity for which 4th Feb is celebrated worldwide to spread awareness.
4. A product of plant or animal origin or derived from microorganisms acting as antigen in the body. We can also use it for therapies.
7. Popular treatment for glow, reduction of oiliness of face. Name of the procedure actually doesn't match with the technology.
8. A Greek word derived from Mange in foxes
9. Acid derived from willow tree

Send your answer to [iadvlwb@gmail.com](mailto:iadvlwb@gmail.com),  
Correct entries will be mentioned in the next issue.



Courtesy: Dr. Subhasmita Baisya  
Dr. Surajit Gorai



## A look at the future of Dermatology

*Dr. Subhadeep Mallick, Dr. Surajit Gorai*

The current high demand for dermatologic services will continue unabated. There are many new technologies and treatments being developed that have the potential to revolutionize the way of treatment in Dermatology. Some of the most promising developments include:

1. **Artificial intelligence (AI).** Dermatology has taken the prime position for the implementation of AI in medical field because of its large clinical, dermatopathological and dermoscopic image database. AI is being used to develop new diagnostic tools that can help dermatologists identify skin cancer earlier and more accurately. AI is also being used to develop new treatments for a variety of skin conditions, including acne, psoriasis, and eczema.
2. **Gene therapy:** It is a promising treatment approach for genetic diseases, genetic diseases, vaccination, carcinoma, immunomodulation, as well as healing of some refractory ulcers. Both viral and nonviral vectors can be used to deliver the correct gene.
3. **3D printing-** 3D printing is being used to create custom-made skin grafts for patients who have lost skin due to burns or other injuries. 3D printing is also being used to create new types of skincare products, such as sunscreens and moisturizers.
4. **Microbiome research-** The skin microbiome is the community of bacteria, fungi, and other microbes that live on the skin. Research is showing that the skin microbiome plays an important role in maintaining skin health. This research could lead to new treatments for a variety of skin conditions, such as acne and atopic dermatitis.

In addition to the technological advances mentioned above, there are also a number of other trends that are shaping the future of dermatology. These include:

**The growing demand for cosmetic procedures-** The demand for cosmetic procedures, such as laser hair removal, wrinkle treatments, and injectable fillers, is growing rapidly. This is due to a number of factors, including the aging population, the increasing popularity of social media, and the growing availability of affordable cosmetic procedures.

**The increasing focus on preventive care-** Dermatologists are increasingly focusing on preventive care. This includes educating the patients about the importance of sun protection, skin cancer screening, and good skincare habits.

**The growing role of telemedicine-** Telemedicine is becoming increasingly popular in dermatology. This allows patients to see a dermatologist without having to travel to a doctor's office. Telemedicine can be especially beneficial for patients who live in rural areas or who have difficulty getting to a doctor's office.

The future of dermatology is bright. As there is influx of good dermatologists ever year, opportunities for continuous learning are plenty in this still-evolving profession. Numerous conferences and workshops are organised in India and abroad, and a plethora of short-term diagnostic and therapeutic updation and advanced programmes are being organized every month. As these technologies continue to develop, it is likely that we will see even more dramatic improvements in the way we diagnose and treat skin conditions.

## Clinical Meeting

The clinical meeting of IADVL WB for the month of April on **28/04/2023** took place in **RG KAR Medical College**. There were cases of:

<b>Sl. No.</b>	<b>Presenter Name</b>	<b>Topic</b>
1.	Dr. Sharmistha Panja	Two cases of erythematous papules in head and neck region in young females
2.	Dr. Joheb Mondal	A mysterious growth in a 22 year old lady
3.	Dr. Bhaskar Dutta	Purpuric lesion and low back pain in an elderly male
4.	Dr. Arka Banerjee	A mysterious growth over the right flank
5.	Dr. Malay Sankar Mandal	Blistering disease in an young female
6.		Spotters Discussion



The clinical meeting of IADVL WB for the month of May on **25/05/2023** took place in **Medical College, Calcutta**.

- There were 2 cases of epithelioid angiosarcoma, both of which were located on face. Unlike their commoner location on deep soft tissue of extremities. One cases clinically mimicked SCC; The other looked like conidibolomycosis/sarcoidosis. The histology of the 2nd case was not very suggestive though.
- There were 2 cases of schwannoma with classical histology (Antoni A & Antoni B area with verocay bodies).
- One case with multiple yellowish nodule on palm and on different tendinous areas was diagnosed with a combination diagnosis of dermatofibroma (palm) and tendon Xanthoma.
- There was a case of CTCL presenting with generalized itchy nodule. Histopathology was corroborative.
- One erythematous telangiectatic patch/plaque on face was clinically diagnosed as necrobiosis lipoidica. Histopathology was not corroborative.
- Another case clinically thought as necrolytic acral erythema was presented as atypical acanthosis nigricans. Audience didn't agree to the diagnosis & histopathology interpretation.
- A case of pseudoepitheliomatous keratotic micaceous balanitid (PEKMB)
- There were a few interesting spotters:
  - porokeratosis with secondary SCC



- b) a genital lesion mimicking Erythroplasia of queyrat. Plasma cell balanitis was kept as a D/d. The case was finally diagnosed as FDE, but the audience objected to this diagnosis citing "lack of basal cell degeneration in the slide" as a cause.
- c) one case of acquired perforating dermatosis
- d) one case of pigmented xerodermoid. Difference from XP was thoroughly discussed.
- e) one case of perianal ulcer. STI, Malignancy (SCC), tuberculosis and Crohn's were kept as d/d. TB NAAT was positive.
- f) an ulcer on appendectomy scar was diagnosed by NAAT as atypical mycobacterial infection.



Photography and Compilation by Dr. Kisalay Ghosh

### Women Dermatologist's Forum

The women's wing of IADVL WB conducted a free skin camp on the 16th of March this year on the eve of International Women's day. It was held in Netaji sangha club of Chetla, in South Kolkata. The target population was patients the from surrounding slum area. Dr Shanta Ghosh ,Dr Saswati Halder, Dr Sujata Sengupta Saha, Dr Joyeeta Chowdhury along with post-graduate students managed the camp. Free medicine samples were also provided to the patients along with consultation. Around 100 patients attended it making it quite a success.

