



Indian Association of Dermatologists, Venereologists & Leprologists West Bengal State Branch

SKINTELLECT

The Official Newsletter of the IADVL West Bengal State Branch



Issue Spotlight

- ✦ Dermatologist Spotlight - Dr. Nilendu Sarma
- ✦ Derm Buzz - Newer cosmeceuticals
- ✦ Resident Corner - Stem cell therapy

"Skintellect," is the online monthly newsletter of the IADVL WB, dedicated to the dynamic world of dermatology. This publication is a testament to the commitment of our members towards advancing the ever stretching horizon of the discipline, sharing knowledge, creating bonhomie and archiving our IADVL WB activities.

Volume 2, Issue 10, February 2025



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President Writes

Dear Members,

As we wrap up another eventful year, it fills me with immense pride and gratitude to share the joy of having successfully hosted CUTICON. This milestone reflects the dedication and teamwork of our IADVL WB family, who came together to make it a grand success.

As we look ahead, I wish each of you peace of mind and contentment in the coming years. Let us embrace the opportunities and challenges ahead with the same resilience and unity that define us.

The new year holds exciting prospects, including DERMACON, the much-awaited national conference. I eagerly look forward to meeting many of you there as we collectively immerse ourselves in an enriching blend of scientific discussions, networking, and camaraderie.

Under the banner of our association, I am confident that the year ahead will bring remarkable achievements in both scientific and social spheres. Together, we will continue to uphold the legacy of excellence that our association represents.

Wishing you all a fulfilling year ahead filled with success, growth, and peace.

Warm regards,



*Dr. Nilendu Sarma
Working President
IADVL WB*



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Secretary's Scribes

Dear Members,

Wishing you a Happy New Year and a joyful Makar Sankranti!

The first month of 2025 has already seen remarkable achievements. We successfully hosted our annual state conference, CUTICON WB 2024, which was a tremendous success. The event was honored by the presence of Swami Satyeshananda Ji Maharaj, Patron-in-Chief of CUTICON WB 2024, who delivered an inspiring motivational speech. We were also delighted to have Dr. Manjunath Shenoy, President of IADVL, as our Chief Guest, Dr. Bhumesh Katakam, Hon.

General Secretary of IADVL, as our special guest, and Dr. Rajeev Sharma, President Elect of IADVL, as our Guest of Honor. The conference featured a series of insightful sessions, with contributions from a distinguished lineup of international, national, and state-level experts. We were thrilled to see a large turnout of attendees, who greatly appreciated the content and discussions.

As we move forward into the year, we are excited about the activities ahead and look forward to your continued active participation to ensure another successful year.

Warm regards,



Dr. Suchibrata Das
Honorary Secretary
IADVL WB



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Editors Desk

Dear Readers,

Wishing you all a joyful and prosperous New Year! May 2025 bring good health, happiness, and professional growth for each one of you.

As we step into this new chapter, I would like to extend my heartfelt congratulations to the entire organizing team of CUTICON WB for their phenomenal success. The conference was a true confluence of knowledge, innovation, and camaraderie, setting new benchmarks for excellence.

In this edition of Skintellect, we shine the Dermatologist Spotlight on Dr. Nilendu Sarma, whose contributions to the field of dermatology have been truly inspiring.

In the Derm Buzz section, Dr. Kingshuk Chatterjee takes us through the fascinating world of newer cosmeceuticals, offering insights into the latest advancements shaping skincare treatments.

The Resident Corner explores the intriguing topic of stem cells in dermatology, an area of immense potential and ongoing research, encouraging our young dermatologists to delve deeper into this frontier.

As always, Skintellect remains dedicated to bringing you the latest updates, research insights, and expert opinions in dermatology. Your continued support and engagement are invaluable in making this publication a success.

Wishing you all an inspiring and fulfilling year ahead!

Warm Regards,



*Editor, Skintellect,
The IADVL WB Monthly Newsletter
Hony. Joint Secretary, IADVL WB*

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DERMATOLOGIST SPOTLIGHT: DR. NILENDU SARMA

- Q1.** Sir, it is an honour to interview you. As a fierce academician and clinician, what is your take on the importance of pursuing academics while being in clinical practice?

'Fierce academician' sounds like a heavyweight title—I'm flattered, but it's too big a crown for me! As doctors, continuous learning is not an option but a necessity, whether in clinical practice or not. Academics sharpen our knowledge, fuel our ability to publish and present at seminars, and most importantly, give us the satisfaction of growth. It's not just for those in teaching institutions; it's a lifeline for every doctor striving to stay relevant and effective.



- Q2.** Sir, our readers would like to know your key areas of interest in dermatology and what inspired you to pursue them?

My interests in dermatology are as broad as the field itself—some I could pursue, some I could not. During my postgraduate days, atopic dermatitis first caught my attention—its aggravating factors, the impact of climate, and even changes in hair follicles fascinated me. Later, I became intrigued by the mysterious behavior of melanocytes in conditions like vitiligo, melasma, and facial pigmentation and their developmental complexity and pattern. Add to that, the intimate relationship between contact allergens and the skin, the enigma of Blaschko's lines, genetic skin diseases, peculiar nevi, and arsenicosis—each has fueled my curiosity.

These interests were shaped by mentors who left an indelible mark on me: Prof. Dr. A.K. Singh, Dr. Subrata Malakar, Dr. Koushik Lahiri, and Dr. Sanjay Ghosh. Their guidance has been invaluable, and I owe much of my fascination and learning to them. I mentioned the names as I met them in my career.

- Q3.** Sir apart from dermatology, you have varied interests in fields like singing, recitation and we were honoured to gain an insight into your talents through your stellar performances in the cultural program of CUTICON WB 24. How important do you think it is to nurture such hobbies and how have they impacted your professional and personal life?

These additional interests are like a breath of fresh air that keeps the monotony of professional life at bay. Be it painting, drawing, singing, playing an instrument, reading, photography, or even spending quality time with friends, like-minded people and alone—I find immense joy in all of them. They're my little sanctuaries of happiness. Everyone should discover what fills their heart with joy, as long as it's harmless. It doesn't matter what it is—what matters is that it makes you smile.

- Q4.** Sir, you also hold a keen interest in outdoor physical activities like sports and exercise. As a doctor, how much do you think these are important to shape up an individual both on a physical and mental level?

I'm a big fan of physical activities—football, cricket, badminton, swimming, working out, and even indoor games like chess are my favorites. Unfortunately, time pressure often steals my chance to engage in them regularly. But whenever I do, they recharge my mind and body like nothing else. Physical activity isn't just exercise—it's therapy for the soul.

- Q5.** Sir you are currently the working President of IADVL WB and have organised a very successful CUTICON WB 24 this year. What would you say is your highlight of the conference? What changes would you like to see in the coming years?

I was more of a mentor to the incredible team that organized the state conference. They deserve the credit for making it such a grand success. I simply stepped in during a crisis and did what any President is supposed to do.



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The conference was a triumph—delegates and faculty repeatedly praised the scientific content, the food, the sponsors' participation, and the cultural performances by our members. Looking ahead, I urge more young professionals to join the association. We need fresh ideas and passionate individuals who genuinely want to contribute without ulterior motives. Fresh blood is the lifeline of any organization.

Q6. *Sir, a message for the dermatologists of tomorrow. Any advice that you would share for our young readers.*

Here are a few simple but powerful tips:

Motivation outshines motive;

Aim for 'excellence' over any other fleeting goals when you do something.

Don't expect applause for your good work—many might dislike you for it, ironically!

Focus on doing rather than checking if others are pulling their weight.

People remember you for what you achieve, not for what you avoid.

Stay positive, and keep your head cool. Your best comes out when you remain composed.

LIST OF HOLIDAYS FOR THE YEAR 2025

The following days will be observed as holidays in the IADVL, WB office during the year 2025

Holiday Name	Day	Date	Month
Swami Vivekananda Jayanti	Sunday	12	January
Netaji Jayanti	Thursday	23	January
Republic Day	Sunday	26	January
Saraswati Puja	Monday	03	February
Dol Purnima	Friday	14	March
Eid al-Fitr	Monday	31	March
Dr. B R Ambedkar Jayanti	Monday	14	April
Bengali New Year	Tuesday	15	April
Good Friday	Friday	18	April
Labour Day	Thursday	01	May
Rabindranath Tagore Jayanti	Friday	09	May
Eid ud zuha	Friday	06	June
Muharram	Sunday	06	July
Independence Day	Friday	15	August
Janmashtami	Saturday	16	August
Mahalaya	Sunday	21	September
Maha Saptami	Monday	29	September
Maha Ashtami	Tuesday	30	September
Maha Navami	Wednesday	01	October
Dussehra	Thursday	02	October
Gandhi Jayanti	Wednesday	02	October
Laxmi Pooja	Monday	06	October
Deepavali	Monday	20	October
Guru Nanak Jayanti	Wednesday	05	November
Christmas Day	Thursday	25	December

** The Holidays declared by West Bengal Government under N I Act to be considered.*

The office hours: Weekdays: 11.00 am to 05.00 pm | Saturdays: 11.00 am to 03.00 pm



DERM BUZZ : COSMECEUTICALS IN DERMATOLOGY: RECENT UPDATES

Dr. Kingshuk Chatterjee

MBBS, DNB, MNAMS, IFAAD, FAGE, FRCP (Edinburgh/ Glasgow/ London)

Associate Professor, NRS Medical College

The term 'cosmeceutical' has always been a subject of controversy, mainly due to lack of a proper definition and their difference from individual cosmetic and pharmaceutical agents, the mechanism of action, dermatological indications and regulatory issues. The aptness of the term 'cosmeceutical' can be substantial as it represents a new breed of cosmetic products, which provide effects beyond simple cosmetic enhancement but fall short of qualifying for a drug or pharmaceutical. Therefore, the most practical definition of this term may be - a cosmetic product that is purported to have therapeutic action capable of affecting the skin positively beyond the time of its application. The main indications for their usage can be but not limited to-



1. Anti-ageing
2. Photodamage of skin (viz. tanning)
3. Pigmentary disorders (viz. melasma)
4. Rhytide reduction
5. Anti-inflammatory
6. Fat loss
7. Hair growth
8. Prevention of hair fall
9. Maintenance of skin tone and complexion improvement

Based on their chief indications, cosmeceuticals can be classified as-

- 1) Skin lightening or depigmenting
- 2) Sunscreens
- 3) Moisturizing agents
- 4) Anti-wrinkle/aging
- 5) Scar-reducing
- 6) Antioxidants
- 7) Hair strengthening
- 8) Specific disorder-related, e.g., acne, rosacea, melasma
- 9) Miscellaneous

Some recent development in the field of cosmeceuticals include-

- A. **Anti-Exposomes**- The exposome is the sum of all the reactive oxygen radicals that attack the body due to lifestyle and environmental factors. So, development of adaptogens, either in oral or topical form, to protect against oxygen radical damage is the new area of research.



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- B. **Exosomes**- They are genetic code or material in encapsulated form, aimed to alter skin functioning like reversal of ageing
- C. **NMN**- It is a precursor of essential coenzyme NAD+. It enhances cellular energy production, DNA repair and antioxidant defences, crucial for preventing skin ageing
- D. **PDRN**- It is a DNA derived substance gaining popularity primarily due to its skin regenerative properties by enhancing cellular metabolism and promoting collagen synthesis. However, its long-term safety profile yet undergoing research.
- E. **Marine products**- Snail mucin called "Snail filtrate" and jellyfish mucin is rich in glycoproteins, pseudopterosins, mycosporine, and phlorotannins. They retain moisture, absorb ultraviolet radiation, and are antioxidants. They are used to improve texture, for anti-aging, acne, rosacea, and stretch marks
- F. **Nanotechnology**- Nanoparticles, 50–5000 nm in diameter, are being used to produce elegant, longer-lasting, and more efficient cosmeceuticals in terms of better penetration. Nano silver and gold particles are being used as nail cosmeceuticals
- G. **Topical Peptides**- These are signal, carrier, or neurotransmitter inhibitors. They act in response to fragmented collagen and elastin fibres. Peptides are usually attached to palmitic acid moieties to enhance penetration through the skin. They improve skin texture and help in lightening
- H. **Epidermal Growth Factors**- Derived from neonate dermis, they stimulate epidermal healing

While there has been a tremendous boom in the sector of cosmeceuticals, attracting interest from all quarters, it must be kept in mind that as far as regulatory authorities are concerned (FDA, DCGA), it is still a grey zone as majority of the newer cosmeceuticals are only approved for topical use and not for injectable and oral formulations. Dermatologists, being the principal stakeholder here must be aware of the rules and regulations to ensure safe and optimum usage for the benefit of patients.

Quiz Answer Volume-2, Issue-9

1. Niels Ryberg Finsen
2. Weibel Palade bodies
3. The Westerhoff formula is a combination of 4.7% N-acetylcysteine, 2% HQ, and 0.1% triamcinolone acetonide.
4. Bimekizumab
5. Axatilimab
6. Heliotropium arborescens
7. Autosomal dominant
8. COVID 19
9. Cervavac, for 9-14yr : 0,6 months. For 15-29 yr 0,2,6 months
10. Ending stigma, embracing dignity



RESIDENT'S CORNER: PRESENT AND FUTURE OPPORTUNITIES OF STEM CELL THERAPY IN DERMATOLOGY

Dr Somejyoti Saha

3rd year PGT, Department of DVL

Burdwan Medical College and Hospital

Stem cell therapy has shown promising potential in dermatology, offering innovative solutions for skin regeneration and the treatment of various conditions like wound healing, scars, burns, chronic ulcers and eczema. The most commonly used stem cells are mesenchymal stem cells (MSCs), derived from bone marrow, adipose tissue, or umbilical cord tissue. Stem cell-based therapies are being explored to treat pigmentation disorders like vitiligo and age-related skin conditions by stimulating melanocyte production and collagen synthesis.

Adipose-derived stem cells (ADSCs), holds promise in rejuvenating the skin by regenerating collagen and elastin which contribute to skin's firmness and elasticity. Clinical trials and studies are exploring their use in anti-aging treatments, which could revolutionize cosmetic dermatology.

Additionally, the use of induced pluripotent stem cells (iPSCs) is a developing field, offering possibilities for creating personalized skin grafts or even whole skin layers for patients with severe burns or congenital skin disorders. Conditions like chronic ulcers and psoriasis, MSCs can aid in tissue regeneration and reduce inflammation. MSCs have shown potential in improving the healing process of diabetic foot ulcers, where standard treatments may fall short.

Induced pluripotent stem cells (iPSCs) are reprogrammed adult cells that have the potential to become any cell type, including skin cells. This offers significant promise in generating personalized skin grafts or even whole layers of skin, providing patients with more effective treatments for severe burns or genetic disorders like epidermolysis bullosa. These technologies are biologically compatible, reducing the risk of rejection.

Furthermore, gene editing techniques, like CRISPR, may allow for targeted modifications of stem cells to correct genetic skin disorders at the cellular level, offering more permanent solutions for conditions such as vitiligo, melasma, or congenital epidermal disorders.

3D bioprinting technology has gained momentum in dermatology, particularly for creating artificial skin. By printing layers of cells—including stem cells, fibroblasts, and keratinocytes—scientists can create skin-like structures that can be used for wound healing, burn treatments, and even drug testing.

However, despite the promise, several challenges must be addressed. Ethical concerns over the use of embryonic stem cells and the potential for tumor formation or immune rejection with certain types of stem cells remain significant hurdles which includes concerns regarding the regulation and standardization of stem cell treatment. The field is advancing with innovations in regenerative medicine and tissue engineering, showing significant promise in treating a range of dermatological conditions, and new research continues to push the boundaries of what is possible.



Proceedings of the 7th meeting of the Executive Committee of IADVL W. B. State Branch held on 3rd January 2025 at the Association office, for the year 2024-25

Members Present: Dr. Nilendu Sarma, Dr. Sudip Das, Dr. Suchibrata Das, Dr. Indrashis Podder, Dr. Surajit Gorai, Dr. Pradip Laha, Dr. Kingshuk Chatterjee, Dr. Satyendra Nath Chowdhury, Dr. Aniruddha Ghosh, Dr. Manabbrata Majumder, Dr. Sujata Sengupta, Dr. Sanjay Ghosh, Dr. Animesh Biswas, Dr. Anupam Das, Dr. Alok Kumar Roy, Dr. Abhijit Saha, Dr. Aparesh Chandra Patra.

Dr. Nilendu Sarma, Working President took the chair and called the meeting to order.

The members stood in silence 1 minute to show respect to the departed for soul of Dr. Rathindra Nath Dutta and prayed to the Almighty for his eternal peace.

Agenda-1: Confirmation of the proceedings of the last executive committee meeting held on 14/11/2024.

The proceedings of the last executive committee meeting held on 14/11/2024 were read and confirmed unanimously.



Agenda-2: Report on -

● **Outstanding Dues of conferences/CMEs**

Dr. Suchibrata Das, Hony. Secretary informed that till date the association owes some due amounts approx. Rs. 11 lacs from few pharmaceutical companies for conferences & CMEs. After discussion the members decided that we need to collect the dues from those companies at the earliest and send the due list to the respective org. Secretaries of the conferences to collect it as a serious matter.

● **Statements of Nodal Executives**

Nothing discussed.

● **Activities of Sub Branch/Combined District Chapter**

Dr. Suchibrata Das, Hony. Secretary informed that we have received a proposal from Dr. Sudipta Roy regarding formation of Bankura-Purulia District Unit. After A long discussion it was decided that this matter will refer to Constitution Committee for updation the SOP of District unit. The member decided that the proposal should be submitted in the proper format with the concern of every proposer of Bankura-Purulia District Unit.

● **To place statement of account for the month of November.**

The Accounts of IADVL WB Sate Branch for the month of November 2024 was inspected and unanimously accepted by the members.

● **Derma Adhyayan Webinar**

Dr. Suchibrata Das, Honorary Secretary, announced the success of IADVLWB's Flagship monthly CME, Dermaadhyayan, held on 15th October 2024 in the topic of AIDS. He further informed that the date for the next program is yet to be confirmed and will be finalized at the upcoming Executive Committee Meeting.

● **PGPDT & SIGs of 2024**

Dr. Suchibrata Das, Hony Secretary informed that PGPDT & SIG FGD on 24th November, 2024 were both highly successful events. There were many faculties and PGTs are participated in this conference. The members expressed their appreciation for the successful conduct of these programs. Dr. Suchibrata Das informed that organizers of the PGPDT collected registration fees from delegates to cover the cost of Dermatosurgery Kits provided to each



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participant. Following the purchase of these kits, a surplus was generated from the conference. In accordance with the previous EC meeting decision, the state branch will retain this surplus in its own account and will not share the conference-related accounts with IADVL Central

Agenda-3: Discussion regarding

● CUTICON WB 2024

Dr. Surajit Gorai, the Organizing Secretary, informed the members that 62 pharmaceutical companies have confirmed their participation, with an expected income of Rs. 1.4 Crores. He also informed that all invitation was sent to all faculties. We booked 8 rooms in Taj Bengal for accommodation. He also informed that Dr. Saumya Panda will not want to registration in this conference, He told his registration should be complimentary as he is an orator, after long discussion the member decided that Dr. Saumya Panda should be register in this conference.

● Website and Digital Platform

Nothing discussed.

● Indian Journal of Dermatology

Subscription Tariff for the year 2025.

(Print) Individuals	₹ 7,015	\$ 518
(Print) Institutions	₹ 10,914	\$ 828
(Online) Individuals	NA	\$ 426
(Online) Institutions	NA	\$ 564

Advertisement Tariff for the year 2025.

Website Sponsorship	₹ 3,00,000/- per year
Back Cover	₹ 2,00,000/-
2nd or 3rd inside cover	₹ 1,50,000/-
Full Page (Colour)	₹ 1,00,000/-
Mailing sponsorship	₹ 3,00,000/-

New Editorial Board for the year 2025 is as follows:

Editor:	Dr. (Major General) Manas Chatterjee		
Editors Emeritus:	Dr. Koushik Lahiri	Dr. Dwijendra Nath Gangopadhyay	
Managing Editor:	Dr. Sudip Das		
Ombudsman:	Dr. Sandipan Dhar		
Ex-Officio:	Dr. Nilendu Sarma	Dr. Suchibrata Das	
	Working President, IADVL, WB	Hony. Secretary, IADVL, WB	
Associate Editors:	Dr. Abhishek De	Dr. Anupam Das	
Deputy Editors:	Dr. Aarti Sarda	Dr. Aparajita Ghosh	Dr. Amrita Sil
	Dr. Indrashis Poddar	Dr. Surajit Gorai	
Editorial Intern:	Dr. Komal Agarwal	Dr. Abheek Sil	Dr. Satarupa Mondal
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	Dr. Dipayan Sengupta	Dr. Karthik Raja	Dr. Rakesh Bharti
Editorial Members:	Dr. Barnali Chowdhury	Dr. Deblina Bhunia	Dr. Joyeeta Chowdhury
	Dr. Nilendu Sarma	Dr. Partha Mukherjee	Dr. Sanjay Rathi
	Dr. Somenath Sarkar	Dr. Somodyuti Chandra	Dr. Suchibrata Das



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● IJDPDD

The Hony. Secretary informed that Dr. Sudip Das raised concerns regarding our ownership of the IJDPDD Journal. After thorough discussion, it was acknowledged that Dr. Sandipan Dhar was assured an annual income of Rs. 2,50,000/- for IJDPDD during an EC Meeting. However, as he is unable to fulfill this commitment, it poses a significant financial burden on the organization. Furthermore, Dr. Sudip Das highlighted that the Hony. Secretary did not sign the MOU, rendering it legally invalid. The decision on this matter has been deferred and will be presented to the General Body Meeting for consideration.

Agenda-4: To consider any resolution to be forwarded to AGM.

Hony Secretary informed the members that in this year we have received some proposal to place AGB Meeting for resolution. The proposals are:

1. The Hon. Secretary informed the members that due to rising conference expenditure, it is necessary to establish fixed budgets for various expense categories to prevent budgetary overruns during the conference. The members unanimously agreed that the venue for the upcoming MID CUTICON WB should be a Medical College.

Furthermore, the members decided to hold two separate dinners during the conference:

Faculty Dinner: With alcoholic beverages available.

General Dinner: With no alcoholic beverages served (only mocktails permitted).

2. The collection of CUTICON & MID CUTICON from Registration Fees of 20% and pharma collection of 25% amount should be transfer (every month) as royalty to IADVL WB Account for maintain the yearly office expenses. Org. Secretary would save a minimum surplus of 20% of total income and the share of surplus amount will be distributed 30% to IADVL WB Account, 20% to IJD Account, 30% to Reserve Fund, 20% to Academy. This matter will be referred to Annual General Body Meeting for amendment of IADVL WB Constitution.
3. Fix 7 gram (22 ct) the weight of Gold Medal for Life time Achievement Award (previously it was fixed as amount)

Agenda-5: To Fix the amount for 2025:

● Membership Fees

Same as previous year Rs. 8260/- (Rupees Eight Thousand Two Hundred Sixty only).

● Remuneration & Appointment of Chartered Accountant.

Appointment of Chartered Accountant, M/s Arabinda Ghosh & Co., for the year 2025-26 has been refer to AGBM and after discussion it was decided that due to financial crisis and paucity of funds, it will not be possible to increase the remuneration of the Auditor for next year (2025-26).

Agenda-6: To pass the Budget for the year of 2025-26.

IADVL WB State Branch

Income	Amount	Expenditure	Amount
Branch share	120000.00	Electricity Charges	15000.00
Membership Fees	200000.00	Telephone Charges	21500.00
Bank Interest	50000.00	Printing & Stationary	18000.00
GST Input	600000.00	Fees & Charges	4000.00
CME Branch	100000.00	Award	100000.00
		Audit Fees	30000.00



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<i>Income</i>	<i>Amount</i>	<i>Expenditure</i>	<i>Amount</i>
		IT Return	10000.00
		GST Filling	24000.00
		Profession Tax	10000.00
		Salary & Ex Gratia	450000.00
		Postage	4000.00
		KMC Tax	38000.00
		Maintenance Charges	40000.00
		Registration renewal	40000.00
		Repairs & Renewals	25000.00
		Conveyance Expenses	5000.00
Excess of Expenditure	1604500.00	Meeting Expenses	120000.00
		Miscellaneous	20000.00
		GST Output	400000.00
		GST Payment	200000.00
		Health Camp	150000.00
		CME Branch	100000.00
		Cultural Program	100000.00
		CME	200000.00
		IJDPDD	250000.00
		Website	300000.00
Total	2674500.00	Total	2674500.00

Indian Journal of Dermatology

<i>Income</i>	<i>Amount</i>	<i>Expenses</i>	<i>Amount</i>
Advertisement	500000	IJD print & online publication cost (3,50,000 x 6)	2100000
Royalty from subscriptions	1500000	E-IJD publication charges (50,000 x 6)	300000
Bank Interest	75000	Office Postage	3000
IJD Processing charges	1,00,000	Salary & Exgratia	221000
Income from membership	1,00,000	Annual web maintenance (journal site)	30000
		Meeting expenses	10000
Deficit	400000	Office expenses	6000
		Miscellaneous	5000
Total	2675000	Total	2675000



Agenda-7: Discussion regarding Constitutional Amendment.

Hony secretary received note from Constitution committee and placed the note to EC member.

1. Life Time Achievement Award:

Current Rule: A Gold Coin of Rs 50000/- (not exceed) shall be given to the awardee during the Inaugural Ceremony of CUTICON along with a Shawl and Certificate of Honor.

Proposed Rule: A Gold Coin of 7 grams (22 ct gold) shall be given to the awardee during the Inaugural Ceremony of CUTICON along with a Shawl and Certificate of Honour.

2. Abstract Submission Guidelines

Constitution Committee, while working on Abstract Submission Guidelines formation issue, as per directives from last AGBM and EC, have found that several points need to be discussed and decided upon by the Academic Committee of IADVL WB, working in tandem with the Constitution Committee, as there are several points of difference, contradiction and overlap between the present guidelines as shown in our state constitution and the latest guidelines mentioned in the IADVL Central constitution. Hence it is proposed that the AGBM allows some more time for these two committees to discuss and work and finally prepare an acceptable proforma of abstract guidelines to be followed by IADVL WB.

3. Contribution and Financial Accounts of Conferences

The contribution from the proceeds of CUTICON WB, to the state IADVL WB Accounts, and financial accounts of CUTICON, MID CUTICON and all other conferences organised by state branch and related matters, need to be discussed in detail and a proforma needs to be worked out by the Constitution Committee and Finance Committees working together.

This shall need more time. Hence it is proposed that the matter be postponed to the next financial year for proper action to be taken.

Members refer to AGBM for consideration.

Agenda-11: To propose new Executive Committee members & Sub committees.

President	Dinesh Kr. Hawelia	
President Elect	Arghyaprasun Ghosh	
Vice President	Kingshuk Chatterjee	
Hony. Secretary	Suchibrata Das	
Hony. Joint Secretary	Aniruddha Ghosh,	Shreya Poddar
Hony. Treasurer	Indrashis Podder	
Editor, IJD	Manas Chatterjee	

Co-opted

MID CUTICON WB 2025

Org. Secretary	Arup De Sarkar
Sc. Chairperson	Sanjay Rathi

CUTICON WB 2025

Org. Secretary	Subhamoy Neogi
Sc. Chairperson	Sudip Kumar Ghosh



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Executive Committee Members: (19)

Abhijit Saha	Chinmoy Kar	Partha Mukhopadhyay	Somenath Sarkar
Animesh Biswas	Deepika Halder	Prodip Sarkar	Sudip Kumar Ghosh
Anupam Das	Dipayan Sengupta	Saswati Halder	Sujata Sengupta
Arindam Sett	Kaushiki Hajra	Saurabh Kumar Dhara	Surajit Gorai
Arun Achar	Kisalay Ghosh	Shrayan Pal	

Election Officer

Alok Kumar Roy

CENTRAL COUNCIL (8)

President

Arghyaprasun Ghosh
Nilendu Sarma

Editor Selection

President

Alok Kr Roy
Pijush Kanti Datta

Chairperson (*)

Constitution

Pradip Laha (*)

President
Alok Kr. Roy

Finance

Satyendra Nath Chowdhury (*)

President
Editor, IJD
Nitin Mukherjee

Academic

Sudip Das (*)

President
Hony. Treasurer
Abhishek De
Sumit Sen

SOP

Manabbrata Majumder (*)

President
Asok Kr. Ghoshal

Website

Kingshuk Chatterjee (*)

President
Shreya Podder

Travel & Cultural

Nilendu Sarma (*)

President
Partha Sarathi Sen

Secretary

Abhishek De
Sudip Das

Hony. Secretary

Pradip Laha
Sanjay Ghosh

Convenor (*)

Kingshuk Chatterjee (*)

President Elect (Invitee)
Satyendra Nath Chowdhury

Hony. Treasurer (*)

President Elect (Invitee)
Gautam Banerjee
Somenath Sarkar

Sudip Kumar Ghosh (*)

President Elect (Invitee)
Editor, IJD
Pijush Kanti Datta

Siddhartha Das (*)

President Elect (Invitee)
Somenath Sarkar

Dipayan Sengupta (*)

Hony. Secretary
Surajit Gorai

Sujata Sengupta (*)

Hony. Secretary
Siddhartha Das

Kingshuk Chatterjee

Surajit Gorai

Editor, IJD

Gautam Banerjee

Hony. Secretary

Hony. Secretary

Manabbrata Majumdar

Sudip Das

Hony. Secretary

Sanjay Ghosh

Hony. Secretary

Hony. Treasurer

Hony. Treasurer

Sumit Sen



Agenda-9: To select the name Org. Secretary & Sc. Chairperson of next year MID CUTICON WB & CUTICON WB.

MID CUTICON WB 2025: Org. Secretary, Dr. Arup De Sarkar and Sc. Chairperson, Dr. Sanjay Rathi

CUTICON WB 2025: Org. Secretary, Dr. Subhamoy Neogi and Sc. Chairperson, Dr. Sudip Kumar Ghosh

Agenda-10: Miscellaneous.

Hony Secretary informed the members that we received some proposals from Dr. Sudip Das, After discussion all proposals are referred to Annual General Body meeting. The proposals are:

1. updation on constitution in congruence with national and also who can be a faculty in a state conference?
2. Dermatopathology journal - who is benefitting?
3. fix no of faculties in mid CUTICON, CUTICON.
4. The organising team to be liable if minimum profit is not accrued. The organising secretary is liable to reimburse if loss accrued.
5. Discussion regarding zonal conference
6. Discussion on maximum representation of IADVL WB in national GB.
7. The Scientific committee should submit academic program 21 days ahead to academic committee and Organising committee submit the budget to Finance committee. The modifications will be passed by respective committee s and once passed will be binding to follow.
8. Powers of acting state presidents (not an elected post).
Refer to constitution committee if their name will be put on records as acting president or vice president officiating as president under exceptional circumstances.
9. Role of IJD EDITOR ELECT, to whom answerable?
10. Do EC think scientific chairperson / secretary have to be mailed the proceedings personally? Or in abstention it is his / her duty to know the same.

Dr. Suchibrata Das forward these matters to AGBM for consideration.

Dr. Suchibrata Das informed the members that the notice for application of the Editor of the IJD was sent to all members, and one application has been submitted. The members informed the house that the application was sent too early. According to the constitution, the application should be sent in the month of April 2025. Therefore, it was decided that the application was cancelled and should be re-posted in the month of April. A mail with this information to be sent to all members, and the Secretary has been instructed to send the new application in the April 2025.

Dr. Suchibrata Das, Honorary Secretary informed the members that two Life Time Achievement Awards would be given to senior members this year. He further suggested that no awards be given in this category next year. After a long discussion, the members decided to defer the decision on future awards to next year's committee.

As there was no other agenda, meeting ended with vote of thanks to the chair.



Proceedings of the Annual General Body Meeting of IADVL W. B. State Branch held on 11th January 2025 at Dhono Dhanye Auditorium, Kolkata, for the year 2024-25

84 Members were present.

Dr. Nilendu Sarma, Working President took the chair and called the meeting to order.

Before taking up the notified agenda, Hony Secretary Inform to the member that Six members have passed away in this year. The members stood in silence to show respect to the departed soul of the following members.

Agenda – 1 : *Confirmation of the proceedings of the last Annual General Body Meeting held on 09.12.2023, Mid-Term General Body meeting held on 30.06.2024, Special General Body Meeting on 25.04.2024.*

The proceedings of the last Annual General Body Meeting held on 09.12.2023 & Mid-Term General Body meeting held on 30.06.2024 & Special General Body Meeting held on 25.04.2024 were confirmed unanimously.

Agenda – 2 : *To place the report of the Hony. Secretary for the period from 01.01.2024 to 31.12.2024.*

Hony Secretary placed the detailed report of the activities of the Association from 01.01.2024 to 31.12.2024 and the same was accepted unanimously.

In the absence of Editor, Dr. Manas Chatterjee, the editorial report was submitted by Dr. Abhishek De. However, the house determined that Dr. De lacked proper authorization from the Editor to submit the report. Consequently, the matter was referred to a Special General Body Meeting, where the Editor will personally present the report. This meeting is scheduled to be convened within the month of March.

Agenda – 3 : *To pass the (i) audited account of the society for the previous year. (ii) To place the Statement of Accounts for the period from 01.04.2024 to 31.12.2024*

Hony Treasurer Dr. Indrashis Podder placed the Audited Account for the year 2023-24 which was already passed in the Mid Term General Body Meeting held on 30.06.2024. He also placed the statement of Receipt & Payments for the period from 01.04.2024 to 31.12.2024, which were passed unanimously.

Points Raised by the House for EC Consideration:

- *The House highlights the urgent need to prioritize the collection of outstanding dues from past conferences.*
- *The House recommends that the EC maximize savings from conference budgets to ensure adequate funds for future outstanding expenditures and unforeseen expenses.*
- *The House requests that no further payments be released for IJDPDD until specific approval is granted by the EC.*

Agenda – 4 : *To pass the Budget Estimate for the year 2025-26.*

The Budget Estimate of IADVL WB State Branch & IJD for the year 2025-26 was placed by the Hony. Treasurer Dr. Indrashis Podder and the same were accepted unanimously.

Agenda – 5 : *To appoint the Auditors for the year 2025-26 and fix the remuneration.*

M/s Arabinda Ghosh & Co., Chartered Accountant has been reappointed for the year 2025-26 and after discussion it was decided that Due to financial constraints, Secretary will request the auditors to maintain their current remuneration for next year (2025-26).

Agenda – 6 : i) To consider resolutions, if any, forwarded by the Executive Committee.

Hony Secretary informed the members that some proposal to place AGB Meeting for resolution. The proposals are:

1. *The Hon. Secretary informed the members that due to rising conference expenditure, it is necessary to establish fixed budgets for various expense categories to prevent budgetary overruns during the conference. The members unanimously agreed that the venue for the upcoming MID CUTICON WB should be a Medical College.*



Furthermore, the members decided to hold two separate dinners during the conference:

- Faculty Dinner: With alcoholic beverages available.
- General Dinner: With no alcoholic beverages served (only mocktails permitted).

This matter will be referred to Constitution Committee for necessary action

2. The collection of CUTICON & MID CUTICON from Registration Fees of 20% and pharma collection of 25% amount should be transfer (every month) as royalty to IADVL WB Account for maintain the yearly office expenses. Org. Secretary would save a minimum surplus of 20% of total income and the share of surplus amount will be distributed 30% to IADVL WB Account, 20% to IJD Account, 30% to Reserve Fund, 20% to Academy. This matter will be referred to Constitution Committee for amendment of IADVL WB Constitution.
3. Fix 7 gram (22 ct) the weight of Gold Medal for Life time Achievement Award (previously it was fixed as amount). This matter will be referred to Constitution Committee for amendment of IADVL WB Constitution.
4. The Hony. Secretary informed that Dr. Sudip Das raised concerns regarding our ownership of the IJDPDD Journal. After thorough discussion, it was acknowledged that Dr. Sandipan Dhar was assured an annual income of Rs. 2,50,000/- for IJDPDD during an EC Meeting. However, as he is unable to fulfil this commitment, it poses a significant financial burden on the organization. Furthermore, Dr. Sudip Das highlighted that the Hony. Secretary did not sign the MOU, rendering it legally invalid. It was decided that we have withdrawal our ownership from this Journal and this matter will be referred to Constitution Committee for necessary action. The committee would submit their report within next two months. The house informs that no further payments be released or received related to IJDPDD until specific approval is granted by the EC. Furthermore, the House recommends the establishment of a dedicated legal cell to address this matter through appropriate legal channels.

The House forward all the matters to the EC for necessary action and consideration

ii) To consider resolutions brought by the members, if any, forwarded by the Executive Committee.

Hony Secretary informed the members that we received some proposals from Dr. Sudip Das, The proposals are:

1. Updation on constitution in congruence with national and also who can be a faculty in a state conference?
2. Dermatopathology journal - who is benefitting? Refer to Constitution Committee
3. Fix no of faculties in mid CUTICON, CUTICON. It was decided 5 Faculty for MID CUTICON and 7 Faculty for CUTICON
4. The organising team to be liable if minimum profit is not accrued. The organising secretary is liable to reimburse if loss accrued.
5. Discussion regarding zonal conference
6. Discussion on maximum representation of IADVL WB in national GB.
7. The Scientific committee should submit academic program 21 days ahead to academic committee and Organising committee submit the budget to Finance committee. The modifications will be passed by respective committee s and once passed will be binding to follow.
8. Powers of acting state presidents (not an elected post).
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9. Role of IJD EDITOR ELECT, to whom answerable?
10. Do EC think scientific chairperson / secretary have to be mailed the proceedings personally? Or in abstention it is his / her duty to know the same.

After long discussion all the matter was forwarded to the EC for necessary action and consideration



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Agenda – 7: To declare the results of the election of the Governing Body for the year 2025-26.

Honorary Secretary Dr. Suchibrata Das informed the members that the Vice President position is vacant due to a lack of nominations. Dr. Pradip Laha proposed that Dr. Nilendu Sarma, whose current term as Vice President has not yet concluded, assume the role of acting President and continue as Vice President for the 2025-26 term. Dr. Kinshuk Chatterjee seconded this proposal, and it was accepted by the members. Dr. Suchibrata Das, Honorary Secretary, pointed out that the term of Dr. Sandipan Dhar as Ex officio had not yet concluded. However, the Members decided not to appoint any Ex officio for the next year.

The following members were elected uncontested for the year 2025-26.

President	Dinesh Kr. Hawelia
President Elect	Arghyaprasun Ghosh
Vice President	Kingshuk Chatterjee
Hony. Secretary	Suchibrata Das
Hony. Joint Secretary	Aniruddha Ghosh, Shreya Poddar
Hony. Treasurer	Indrashis Podder
Editor, IJD	Manas Chatterjee

Executive Committee Members: (19)

Abhijit Saha	Chinmoy Kar	Partha Mukhopadhyay	Somenath Sarkar
Animesh Biswas	Deepika Halder	Prodip Sarkar	Sudip Kumar Ghosh
Anupam Das	Dipayan Sengupta	Saswati Halder	Sujata Sengupta
Arindam Sett	Kaushiki Hajra	Saurabh Kumar Dhara	Surajit Gorai
Arun Achar	Kisalay Ghosh	Shrayan Pal	

CENTRAL COUNCIL (8)

President	Arghyaprasun Ghosh Nilendu Sarma	Secretary	Abhishek De Sudip Das Kingshuk Chatterjee Surajit Gorai
Editor Selection	President Alok Kr Roy Pijush Kanti Datta Chairperson (*)	Hony. Secretary Pradip Laha Sanjay Ghosh Convenor (*)	Editor, IJD Gautam Banerjee
Constitution	Pradip Laha (*) President Alok Kr. Roy	Kingshuk Chatterjee (*) President Elect (Invitee) Satyendra Nath Chowdhury	Hony. Secretary
Finance	Satyendra Nath Chowdhury (*) President Editor, IJD Nitin Mukherjee	Hony. Treasurer (*) President Elect (Invitee) Gautam Banerjee Somenath Sarkar	Hony. Secretary Manababrata Majumdar Sudip Das



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Academic	Sudip Das (*) President Hony. Treasurer Abhishek De Sumit Sen	Sudip Kumar Ghosh (*) President Elect (Invitee) Editor, IJD Pijush Kanti Datta	Hony. Secretary Sanjay Ghosh
SOP	Manabbrata Majumder (*) President Asok Kr. Ghoshal	Siddhartha Das (*) President Elect (Invitee) Somenath Sarkar	Hony. Secretary
Website	Kingshuk Chatterjee (*) President Shreya Podder	Dipayan Sengupta (*) Hony. Secretary Surajit Gorai	Hony. Treasurer
Travel & Cultural	Nilendu Sarma (*) President Partha Sarathi Sen	Sujata Sengupta (*) Hony. Secretary Siddhartha Das	Hony. Treasurer Sumit Sen

Agenda – 8 : To declare the names of the Organising Secretary for the next - Annual Conference (CUTICON WB 2025) & MID-CUTICON WB 2025.

The name of Dr. Subhamoy Neogi was proposed as the Organising Secretary of CUTICON WB 2025 which was accepted unanimously.

The name of Dr. Arup De Sarkar was proposed as the Organising Secretary of MID - CUTICON WB 2025. Dr. De Sarkar takes more time of 15 days to accept this post.

Agenda – 9 : To appoint election Officer for the next year.

The name of Dr. Alok Kumar Roy, Past President was proposed as the Election Officer for the election 2026-27 and the proposal was accepted unanimously.

Agenda – 10 : To consider amendment of Rules, if any.

Life Time Achievement Award:

Current Rule: A Gold Coin of Rs 50000/- (not exceed) shall be given to the awardee during the Inaugural Ceremony of CUTICON along with a Shawl and Certificate of Honor.

Proposed Rule: A Gold Coin of 7 grams (22 ct gold) shall be given to the awardee during the Inaugural Ceremony of CUTICON along with a Shawl and Certificate of Honour.

The House forwarded the new rule to the constitution committee for input in the IADVL WB Constitution

● **Abstract Submission Guidelines**

Constitution Committee, while working on Abstract Submission Guidelines formation issue, as per directives from last AGBM and EC, have found that several points need to be discussed and decided upon by the Academic Committee of IADVL WB, working in tandem with the Constitution Committee, as there are several points of difference, contradiction and overlap between the present guidelines as shown in our state constitution and the latest guidelines mentioned in the IADVL Central constitution. Hence it is proposed that the AGBM allows some more time for these two committees to discuss and work and finally prepare an acceptable proforma of abstract guidelines to be followed by IADVL WB.



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● Contribution and Financial Accounts of Conferences

The contribution from the proceeds of CUTICON WB, to the state IADVL WB Accounts, and financial accounts of CUTICON, MID CUTICON and all other conferences organised by state branch and related matters, need to be discussed in detail and a proforma needs to be worked out by the Constitution Committee and Finance Committees working together.

Due to the extended timeframe required by the Constitution Committee to finalize the necessary guidelines, it is recommended that the implementation of this matter be deferred to the next financial year to ensure proper and effective action.

Agenda – 11: *To discuss any other matters with the permission of the Chairman.*

- *Dr. Asok Kumar Gangopadhyay pointed that any publication of books under IADVL WB is in a proper way of selecting the authors. Dr. Saumya Panda also explained that we should follow IADVL Central guidelines to select the editor and authors. Dr. Asok Kumar Gangopadhyay suggest the selection of Orator should a good eminent speaker.*
- *The post of bidding committee should be in the proper election process for IADVL National conferences.*
- *Dr. Kingshuk Chatterjee Propose that can we have two org. Secretary for CUTICON WB for make it easy for approached the pharma companies. This matter will refer to Executive Committee.*

As there was no other agenda to discuss, meeting ended with vote of thanks to the chair.



Quiz Zone

- A teenage patient with several weeks of fatigue, fever, and pharyngitis develops a morbilliform eruption after receiving amoxicillin. The causative organism of his systemic symptoms may cause all of the following diseases EXCEPT:

 - Infectious mononucleosis
 - Extranodal NK/T-cell lymphoma (nasal type)
 - Oral hairy leukoplakia
 - Non-sexually related acute genital ulcers (Lipschutz ulcers)
 - Progressive multifocal leukoencephalopathy
- A 28 year-old man presents with fever, chills, arthralgias and the cutaneous lesions shown. The most likely diagnosis is: (PIC 1)

 - Purpura fulminans
 - Rickettsialpox
 - Anthrax
 - Gonocemia
 - Primary herpes simplex infection
- What is the most common presentation of mucous membrane involvement of EBV infection?

 - Buccal ulcers with superficial slough
 - Erosions of the gingivae
 - Plication of the tongue
 - Palatal petechiae
 - Oral hairy leukoplakia
- You are called to evaluate a patient with these cutaneous findings. Once the diagnosis is confirmed, which additional test is indicated in the work-up for underlying causes? (PIC 2)

 - Colonoscopy
 - Blood cultures
 - Hemoglobin A1C
 - Fat pad biopsy
 - Hepatitis C Antibody
- 16 year-old girl presents with a family history of Gardner syndrome. Her mother is very concerned that her daughter may have the syndrome as it runs in her family and she has many skin complaints. Gardner syndrome has been linked to defects in beta-catenin mediated transcription. Which of the following ocular finding is diagnostic for Gardner syndrome?

 - Lisch nodules
 - Lester iris
 - Congenital Hypertrophy of the Retinal Pigment Epithelium
 - Angioid streaks
 - Retinal detachment

PIC 1



PIC 2



Kindly send your entry to iadvlwb@gmail.com with 'Skintellect Quiz' as subject. The correct response of each month gets acknowledged in the next issue. Send your entries now!
Good luck from Team Skintellect.



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CUTICON WB 2024

The new year commenced with the 27th Annual State Conference of the IADVL WB Branch, CUTICON 2024, held at the Dhonnodhanno Auditorium in Kolkata. Spanning three days, this conference was a vibrant platform for the exchange of knowledge and ideas among experts. The event kicked off on January 10, 2025, with a pre-conference workshop offering four dynamic sessions: "The Sculptor's Edge: Advanced Injectable Techniques," "Into the Skin through Lens," "Dermoscopy Essentials: See Beyond the Surface," and "Precision and Perfection: The Art and Science of Dermatotomy."

The following two days, January 11th and 12th, were marked by insightful expert discussions and sessions that explored the latest trends in dermatology. The enthusiasm of both the faculty and delegates made these sessions particularly engaging. In addition to the academic sessions, the Derma Googly and the IADVL-GSK National Quiz Program for Post Graduates added an exciting dimension, injecting an adrenaline rush into both participants and the audience.

CUTICON 2024 was honored to welcome several distinguished guests, including IADVL President Dr. Manjunath Shenoy M, Honorary Secretary General Dr. Bhumesh Kumar Katakam, and IADVL President Elect Dr. Rajeev Sharma. The wise and inspiring words of our Patron in Chief, Swami Satyeshananda Ji Maharaj, Assistant General Secretary of the Ram Krishna Mission, resonated deeply and continued to inspire long after the conference.

The event was rounded off with a delightful cultural program, organized by our dedicated IADVL WB members. This provided a much-needed break from the daily routine, while simultaneously fostering unity within the WB dermatology community.

*With the success of CUTICON 2024 still fresh in our minds, the countdown to CUTICON 2025 has already begun!
Long Live IADVL!*





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CUTICON WB 2024

